

# DISTRICT 6 OKEECHOBEE FISH FRY

**Saturday  
September  
30 2017**

**10 AM—3 PM  
Ticket Contribution \$15**

**Great Food  
Meeting  
Fellowship  
Raffle**

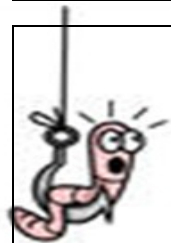


**NEW LOCATION!!!  
C. Scott Driver Park  
10100 W HWY 78  
Okeechobee, FL 34974**



## Step Eight

Made a list of all persons we had harmed  
and become willing to make amends  
to them all.



Something FISHY's going on!

See Page 8!!!



## On Cultivating Tolerance

by Dr. Bob S.  
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During nine years in AA, I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal not only maintain sobriety but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in education advantages; and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our destination by one of many routes. To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an

individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance, we might tend to become a bit smug or superior - which, of course, is not helpful to the person we are trying to help and may be quite painful or obnoxious to others. No one of us wishes to do anything that might act as a deterrent to the advancement of another - and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words, it often promotes an open-mindedness that is vastly important - is, in fact, a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual. These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

ST LUCIE INTERGROUP ASSOCIATION, INC.

883 E Prima Vista Blvd.  
Port St Lucie, FL 34952  
(772) 873-9299

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at:

[www.aastlucieintergroup.com](http://www.aastlucieintergroup.com)

Where you can view and download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via  
e-mail send a request to:  
[stlucieintergroup@att.net](mailto:stlucieintergroup@att.net), attn: Rex B., editor

## Notices ...

The District 6 Monthly  
Business Meetings  
are held on the second  
Tuesday of each month  
Indian River State College  
3209 Virginia Avenue  
Ft. Pierce At 6:30 pm  
Bldg R. 131  
Come support your  
District!!  
Visit [district6aa.org](http://district6aa.org)

### GSRs — ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute  
the remaining donations after  
Group expenses and prudent  
reserve according to AA Tradition?

Is your Home Group doing it's part  
to help support your local  
Intergroup Office? District 6? Area  
15? The General Service Office ?

Is your Home Group represented at  
the local monthly Intergroup  
steering committee meeting?

Are your local Intergroup Office  
and its members properly serving  
the needs of the local Groups?

These are questions you should be  
asking at your Home Group  
business meetings.

### DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee  
and Group Representatives meet  
the 3rd Thursday of every month  
@ 7pm. Help support Intergroup

#### **REMEMBER:**

*"I am responsible . . .*

*When anyone, anywhere, reaches  
out for help, I want the hand of  
A.A. always to be there.*

*And for that: I am responsible."*

## District 6 Committee Meetings (at the Intergroup Office **883 E Prima Vista Blvd.** **Port St Lucie, Fl 34952)**

*DCMs/GSRs* Meeting ..... the 1st Saturday of month 10:30 a.m.

*Corrections Committee* Meeting... the 2nd Saturday of month, 10:30 a.m.

*Events Committee* Meeting ..... the 3rd Saturday of month, 10:30 a.m.

*PI/CPC Committee* Meeting ..... the 4th Saturday of month 10:30 a.m.

**Please send all  
District 6 Group  
donations to:  
District 6 Treasurer  
P.O. Box 12248  
Fort Pierce, Fl  
34979-2248**

**Want to get Involved?**  
**Bridging the Gap**  
needs volunteers as contacts for  
individuals leaving treatment.  
Be their first contact.  
To sign up contact District 6  
Treatment Committee BTG  
Coordinator Chris B.  
[cbrady561@gmail.com](mailto:cbrady561@gmail.com)  
561-628-3604

**St. Lucie Intergroup needs to update our  
Twelfth Step list. If you would like to be of  
Service to help insure that the hand of AA is  
always there, please contact the Intergroup  
Office and leave your information: name,  
phone number and hours available so we can  
continue to help the still sick and suffering  
alcoholic. Call 772-873-9299 or e-mail  
[stlucieintergroup@att.net](mailto:stlucieintergroup@att.net)**



## Anniversaries

July 2017

### Begin Where You Are

Raymond 4 yrs

Aaron 8 yrs

### Lakewood Park

Peggy R 23 yrs

Jim P 22 yrs

Kelly P 15 yrs

**FREE  
SPEAKER  
CASSETTES!!!**

Our Intergroup Office  
is clearing out a bunch  
of cassette tapes by  
speakers at various AA  
events.

***Come In and  
Get 'Em!!!***

# Some Useful AA Acronyms

AA:	Attitude Adjustment	zed Priorities Everyday / Hang On! Peace Exists
ABC:	Acceptance, Belief, Change	
ACTION:	Any Change Toward Improving One's Nature	HOW: Honesty Openness Willingness
ALCOHOLICS:	A Life Centered On Helping Others Live In Complete Sobriety	-ISM: I See Me / I Sabotage Myself
BAR:	Beware! Alcohol! Run!	KISS: Keep It Simple, Stupid
BIG BOOK:	Believing In God Beats Our Old Knowledge	NUTS: Not Using The Steps
DEAD:	Drinking Ends All Dreams	PACE: Positive Attitudes Change Everything
DENIAL:	Don't Even Notice I Am Lying	PMS: Poor Me Syndrome
DETACH:	Don't Even Think About Changing Him/Her	PROGRAM: People Relying On God Relaying A Message
EGO:	Easing God Out	RELATIONSHIP: Really Exciting Love Affair Turns Into Outrageous Nightmare, Sobriety Hangs In Peril
FAILURE:	Fearful, Arrogant, Insecure, Lonely, Uncertain, Resentful, Empty	RID/RAID: Restless, Irritable, Discontent / Restless, Irritable And Discontent
FEAR:	Failure Expected And Received / Face Everything And Recover / Frantic Efforts to Appear Recovered	SLIP: Sobriety Loses Its Priority
FINE:	Feeling Insecure, Numb and Empty / Freaked out, Insecure, Neurotic and Emotional	SOBER: Son Of a Bitch, Everything's Real
HELP:	Hearing Other Peoples' Experience / Having Organi	SPONSOR: Sober Person Offering Newcomer Suggestions On Recovery
		STEPS: Solutions To Every Problem Sober
		YET: You're Eligible, Too

## ADDRESSES FOR GROUP DONATIONS

St. Lucie Intergroup  
Association, Inc.  
883 E Prima Vista Blvd.,  
Port St Lucie, Fl 34952

South Florida Area 15  
Treasurer  
PO Box 56  
Sebring, Fl 33870-0056

District 6 Treasurer  
PO Box 12248  
Ft. Pierce, Fl 34979-2248

GSO  
PO Box 459  
Grand Central Station  
New York, NY 10163



# 2017 Group Contributions through June 30

GROUP	Group #	JUNE	YTD	GROUP	Group #	JUNE	YTD
A Desire To Stop GP		0.00	0.00	Lunch Bunch	169623	0.00	50.00
AA Promises GP	671816	0.00	0.00	Men's Sobriety Group	172529	0.00	300.00
Alternate MC Beginners AA GP	645696	0.00	0.00	Midday Matinee	172992	0.00	0.00
Back to Basics	617295	240.00	468.00	New Hope Group	163611	100.00	175.00
Bayside GP	134955	0.00	37.82	New Windmill Point	148626	0.00	0.00
Begin Where You Are	666125	0.00	0.00	Okeechobee Discussion		0.00	0.00
Better By The Beach	688860	0.00	375.34	Okeechobee Night Group	103633	0.00	252.00
Better Understanding	670079	0.00	0.00	Okeechobee Noon Group	147217	0.00	150.00
Bleeding Deacons	710958	0.00	0.00	Okeechobee Sobriety Group	643907	0.00	0.00
Easy Does It	149241	0.00	180.00	Okeechobee Women's Group		0.00	0.00
Ensollielle (French, seasonal)	681471	0.00	50.00	Primary Purpose Welcome Home	141056	0.00	0.00
Eye Opener	169889	50.00	600.00	Primary Purpose Bayshore	679364	0.00	275.00
First Things First	697413	35.00	166.11	PSL AA Tues. Nite Group	103698	40.00	2000.00
Friday Night Men's	604208	0.00	25.00	PSL Sat. AM Men's Group	606637	250.00	700.00
Friendship Group	103470	0.00	110.00	Reach Out Group	714201	0.00	10.00
From Darkness To Light		0.00	0.00	Sisters of Sobriety	700856	0.00	0.00
Gays In Recovery	655112	0.00	35.00	Step Into Action	696779	0.00	72.00
Good Guys North	678914	0.00	0.00	Step Sisters	683996	0.00	80.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Sun Rise 11th Step		0.00	0.00
Grupo Serendad PSL (Spanish)		0.00	15.00	Talking Feathers		0.00	21.00
Happy Hour Living Sober	653464	0.00	600.00	The Future of AA (Young People)	697507	0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Tough Love Group		0.00	0.00
Helping Hands Group	654010	60.00	120.00	Warriors		0.00	30.00
Higher Power Sunday	679339	0.00	0.00	Wake UP Group		0.00	0.00
How It Works-Bayshore		0.00	0.00	Watch your Steps	645676	0.00	0.00
Just For Today	168564	0.00	0.00	We Stopped in Time	669606	0.00	146.00
Keep It Simple— Okeechobee	643906	0.00	0.00	Westside Group Ft Pierce	125608	0.00	0.00
KISS	127410	0.00	200.00	Wolff Road Group Okeechobee	703404	0.00	25.00
Lakewood Park	177727	40.00	240.00	Women Stepping Up	157843	50.00	100.00
Last Call	151221	0.00	0.00	Women's New Beginnings	611306	00.00	100.00
Late Risers	681809	200.00	500.00				
Lunch Box		0.00	0.00	<b>TOTAL AA GP Contributions</b>		<b>1030.00</b>	<b>6458.27</b>

**This is not intended to direct AA members to specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it. Thank you.**

**VISIT OUR INTERGROUP OFFICE: 883 E Prima Vista Blvd., Port St Lucie, where we offer a wide selection of AA Literature: Books, Pamphlets, Wallet Cards, Anniversary Cards and CDs, "Chips," Pins, Chip Display Items, Book Covers, Gifts. Pick up your Where&Whens. Questions? We just might know where to find Answers!!!**  
**VISIT OUR WEBSITE: [www.aastlucieintergroup.com](http://www.aastlucieintergroup.com)**



# SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY

## *"Spirit of Rotation"*

Hosted by District 9 \* Broward County, Florida \* October 6<sup>th</sup>-8<sup>th</sup>, 2017

**Registration Friday 4:00 PM - 8:30 PM; Saturday 8:00 AM - 8:30 PM; Sunday 7:00 AM - 9:00 AM**

### Friday, October 6<sup>th</sup>

6:30-8:20 PM	Inventory Ad-Hoc Comm. Meeting
8:30-9:30 PM	Speaker Meeting
10:00-11:00 PM	Night Owl Meeting
10:00-11:00 PM	Spanish Night Owl Meeting

### Saturday, October 7<sup>th</sup>

7:00-8:00 AM	Early Bird Meeting
7:00-8:00 AM	Spanish Early Bird Meeting
8:00-9:00 AM	Concepts Workshop
8:00-9:00 AM	Spanish Concepts Workshop
8:30-10:50 AM	Treatment Facilities Committee
9:00-10:50 AM	Remote Communities Committee
9:00-10:50 AM	State Convention Committee
9:00-10:50 AM	Archives Committee
9:00-10:50 AM	Current Practices Committee
9:00-10:50 AM	Grapevine/La Viña Committee*
9:00-10:50 AM	Literature Committee
9:00-10:50 AM	PI/CPC Committee
9:00-10:50 AM	Special Needs Committee**
11:00 AM-12:30 PM	Spanish Linguistic Committee
11:00 AM-12:00 PM	Traditions Workshop
12:00 PM-1:30 PM	Website Committee

### Saturday, October 7<sup>th</sup>

12:30-1:30 PM	District Chairpersons Meeting
12:30-1:30 PM	District Treasurers Meeting
12:30-1:30 PM	District Secretaries/Registrars
12:30-1:30 PM	SSASA Ad-Hoc Comm. Meeting
1:00-1:50 PM	Spanish Traditions Workshop
1:30-3:50 PM	Corrections Committee
2:00-3:50 PM	Finance Committee
2:00-3:50 PM	Intergroup/Central Office
2:00-3:50 PM	GSR Sharing
2:00-3:50 PM	DCM Sharing
2:00-3:50 PM	Quarterly Coordinators Meeting
4:00-5:00 PM	Service Manual Workshop*
5:00-6:00 PM	"What's On Your Mind?"
7:00-8:30 PM	Banquet
8:30-9:30 PM	Speaker Meeting***
10:00-11:00 PM	Night Owl Meeting
10:00-11:00 PM	Spanish Night Owl Meeting

### Sunday, October 8<sup>th</sup>

7:00-8:00 AM	Early Bird Meeting
7:00-8:00 AM	Spanish Early Bird Meeting
9:00 AM	South FL Area 15 Business Mtg***

\*Spanish Language Interpreter provided; \*\* ASL Interpreter Provided (if requested); \*\*\*ASL (if requested) and Spanish Language Interpreter Provided.

Special Needs at any meeting or workshop, hotel room with wheelchair access or interpreter for the hearing impaired for the Sunday morning business meeting can be arranged by contacting the Area Special Needs Chair at [specialneeds@area15aa.org](mailto:specialneeds@area15aa.org) by 9/30/17

### Saturday Banquet Banquet Menu

No. of Seared Chicken Breast \_\_\_\_\_

No. of Miso Glazed Salmon \_\_\_\_\_

No. of Vegetarian Stack \_\_\_\_\_

Total Tickets at \$45 each \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

District \_\_\_\_\_ Day you will arrive: Fri or Sat

Guests with special needs (state needs): \_\_\_\_\_

PAYMENTS DUE BY: September 30, 2017

Make checks payable to: District 9

P.O. Box 100126 Ft Lauderdale, FL 33310-0126

**QUESTIONS?** Contact Banquet Chair at  
[Banquet@district9aa.org](mailto:Banquet@district9aa.org)

### Fort Lauderdale Marriott North

6650 N. Andrews Avenue

Fort Lauderdale, Florida 33309

Phone: 954-771-0440 / Fax: 954-771-7519

### Reservations: 800-228-9290

Room Rate: \$129.00

Reservations must be received by September 7<sup>th</sup>, 2017

Reference "South Florida General Service Assembly"

Book online at [www.marriott.com/flcc](http://www.marriott.com/flcc)

Search for Marriott North in Fort Lauderdale

and use **Group Code GSCGSCA**

### Directions:

I-95 to Exit 33B (Cypress Creek West), turn right at second traffic light onto Andrews, hotel is ½ mile north on the right.

**QUESTIONS?** Please contact Quarterly Chair at  
[quarterlychair@district9aa.org](mailto:quarterlychair@district9aa.org)

For hotel room cancellations OR to be placed on a hotel room wait list, please contact [hotelinfo@area15aa.org](mailto:hotelinfo@area15aa.org)

# *On the Eighth Step ...*

## The Eighth Step ...

Made a list of all persons we had harmed and become willing to make amends to them all.

## The Eighth Step Principle ...

The principle behind the 8th step is *Forgiveness*.

## The Eighth Tradition ...

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

## My Eighth Tradition Checklist ...

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
  2. When I chafe about any particular Tradition, do I realize how it affects others?
  3. Do I sometimes try to get some reward — even if not money — for my personal AA efforts?
  4. Do I try to sound like an AA expert on Alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
  5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly between them?
  6. In my own AA like, have I any experiences to illustrate the wisdom of this Tradition?
- Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition — How It Developed?

*On the Eighth Step ...*



*A Pre-Eighth  
Step Prayer:*

*"God, Please  
remove my  
Fears and*

*show me your truth. Show me all  
the harms I have caused with my  
behavior and help me be willing to  
make amends to one and all. Help  
me to be willing to go to any  
lengths for victory over alcohol."*

*(Big Book Pg 76 Para 3)*