

HOLIDAY CHEER

What's the first thing elves learn in school? The "elf"-abet!

What do snowmen eat for lunch? Iceberg-ers.

What do the elves call it when Father Christmas claps his hands at the end of a play? Santapplause!

How do snowmen travel around? By icicle!

What do you call people who are afraid of Santa Claus? Claustrophobic!

How do snowmen greet each other? Ice to meet you!

What do you call Santa when he has no money? Saint "Nickel"-less!

What do you call a snowman in the summer? A puddle.

What do you call someone who doesn't believe in Father Christmas? A rebel without a Claus!

What's a snowman's favorite Mexican food? Brrrrrr-itos!

What do you get if you cross Santa with a flying saucer? A UF-ho, ho, ho!

What do you get if you cross Father Christmas with a detective? Santa Clues!

And what goes oh! oh! oh? Father Christmas walking backwards.

Sherlock's favorite Christmas song: "I'll be Holmes for Christmas"

What nationality is Santa Claus? North Polish!

How do Latino sheep say Merry Christmas? Fleece Navidad!

Where does Santa stay when he's on holidays? At a Ho-ho-ho-tel

What is green, covered with tinsel and goes "ribbet ribbet"? A mistle-"toad"!

I'm so strong I could lift a reindeer with one hand. But where are we going to find a one-handed reindeer?

Why did the gingerbread man go to the doctor? Because he was feeling crummy!



ST. LUCIE INTERGROUP NEWSLETTER

Step TWELVE

Having had a spiritual awakening as the result of these steps, we tries to carry this message to alcoholics, and to practice these principals in all our affairs.



A New Year's Message:

It Works!

NOTHING is so brittle as a New Year's resolution, unless it be a glass crutch.

in one vast wash of resolutions. Do it all at once, we said, with splendid optimism. Easy does it, in reverse.

Most New Year's resolutions shatter within a few days. Then their broken pieces lie around, as sharp as needles, remindful of failure until the skin, or the conscience, has again become calloused. What, in fact, is so rare as an unbroken New Year's resolution in June?

Of course, it probably is better to have one day or a few days of high resolution than none at all, but how much more practical if the purpose behind the New Year's resolution is built into daily life. How much eassier it is to correct the deficiencies and the faults one by one as we go along day by day, than to try to level a mountain in one stroke.

Yet, we in particular, were among the most prolific New Year's resolution makers. We turned them out on a mass production scale. All through the year we stored up our awareness of personal deficiencies and faults, planning to correct them all

The kindness and the realism of the A.A. approach to the task of self-improvement offer more hope of success than the high resolution sworn to once a year. At least they have offered more hope and yielded more success for many.

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HOLIDAY SURVIVAL GUIDE: PAGE 3

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1 located in Port St Lucie Plaza)

Visit our website at:
www.aastlucieintergroup.com

To receive a PDF copy of Ingratitude Newsletter via e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

The District 6 Monthly Business Meetings are held on the second Tuesday of each month Indian River State College 3209 Virginia Avenue Ft. Pierce At 6:30 pm Building R Room 131 Come support your District!! Visit district6aa.org

ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?

Is your Home Group doing it's part to help support your local Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is Home your Group represented at the local Intergroup monthly meeting?

Is your local Intergroup Office and its members properly serving the needs of the local Groups?

These are questions you should be asking at your Home Group business meetings.

Get involved. Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee and Group Representatives meet the 3rd Thursday of every month @ 7pm.Help support Intergroup

REMEMBER:

"I am responsible . . . When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

St. Lucie Intergroup needs to update our Twelve Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave you information, name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

Please send all District 6 Group donations to: District 6 Treasurer P.O. Box 12248 Fort Pierce, Fl 34979-2248

Want to get Involved? Bridging the Gap needs volunteers as contacts for individuals leaving treatment. Be their first contact. To sign up contact the District 6 Treatment Committee BTG Coordinator at dist6treatment@gmail.com or call 772-49SOBER

District 6 Meetings (held at the Intergroup Office)

Archive's Committee Meeting ... the 1st Saturday of month 9:00 am at the Intergroup Office.

Special Needs Committee Meeting ... the 1st Saturday of month 10:30 am at the Intergroup Office.

Corrections Committee Meeting... the 2nd Saturday of month, 10:00 am at the Intergroup Office.

Events Committee Meeting ... the 3rd Saturday of month 10:30 am at the Intergroup Office.

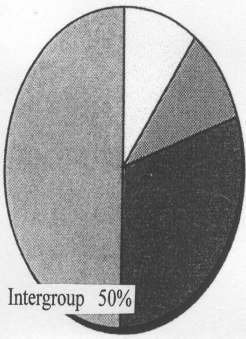
Finance Committee Meeting ... the 3rd Saturday of month 9:15 am at the Intergroup Office.

PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 am at the Intergroup Office.

Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation. This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).



10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

ADDRESSES FOR GROUP DONATIONS

GSO
PO Box 459
Grand Central Station
New York, NY 10163

South Florida Area 15 Treasurer
PO Box 206
Bradenton, Fl 34206-0206

District 6 Treasurer
PO Box 12248
Ft. Pierce, Fl 34979-2248

St. Lucie County Intergroup
897A East Prima Vista Blvd
St. Lucie, Fl 34952

November Anniversaries ...

Midday Matinee

Bobby	1 yr
Dave	8 yrs
Henry	30 yrs

Bayshore Club

John O	1 yr
Pavda Joy	1 yr
Terry L	6 yrs
Al L	7 yrs
Donnal	9 yrs
Kristen	9 yrs
Mike H	10 yr
Dave C	26 yrs
Gene W	27 yrs
Mike P	27 yrs
Kathy S	30 yrs
Dave A	37 yrs

Late Risers

Bernadette	2 yrs
Tony F	33 yrs

Lunch Bunch

Greg E	24 yrs
Jim K	3 yrs

VISIT OUR WEBSITE:
www.aastlucieintergroup.com

It Works!

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There are, to be sure, other ways, and, of course, some New Year's resolutions do endure. But the inventory that is taken more often than annually and the resolution that is formed at the beginning and the close of each 24 hours have worked convincingly for many and will continue to work for many more.

The new hope that comes from this overwhelming evidence of a new approach to an old and deadly trouble is the offer of the New Year, of each New Year. "It works!" is the electrifying promise that we can give to others.

IF there has to be a resolution today, let it be that we will offer those two words fraught with the ringing message that has been proven over and over.

"It works!" They offer a new year to any who are still burdened with the past. They bring a new year whenever and wherever they are accepted. Today is the day, any day and every day, to try the new way. Today, "It works!" Tomorrow, "It works!"

Through the 13 years of A.A., people have been doubting those words at first, testing them skeptically, and finally coming to believe them. Perhaps the message they speak makes the best resolution of all.

THE A.A. who knows that "it works" needs no ceremony to remind him. His day of high resolution came the moment he took the 1st Step. His New Year began then and continues as long as he follows the new way that others have blazed. His New Year's resolutions are forged and strengthened day by day. Where the glass crutch was brittle and shattered easily, he now has at hand a staff stronger than steel. He has faith built upon proof that, "It works."

GROUP CONTRIBUTIONS JANUARY 1, 2014 through OCTOBER 30, 2014			
Group Name	OCT	YTD	
#164 Group 648188	0.00	50.00	
4th Dimension(ODB) #648185	0.00	0.00	
AA Promises Group #671816	0.00	0.00	
Alternate MC Beginners #XXXXXX	0.00	0.00	
An AA Group #706090	0.00	0.00	
Back to Basics #617295	0.00	50.00	
Bayside Group #S134955	0.00	385.43	
Before and After Gp #XXXXXX	0.00	0.00	
Begin Where You Are #666125	0.00	15.00	
Better By The Beach#688860	0.00	200.00	
Better Understanding #670079	0.00	0.00	
Bleeding Deacons Gp#710958	0.00	535.15	
Easy Does It #149241	0.00	0.00	
Emotional Sobriety Group ...	0.00	50.00	
Eye Opener #169889	200.00	1,500.00	
First Things First #697413	89.07	798.88	
Freedom Group Okeechobee #709799	0.00	0.00	
Friday Night Mens #604208	0.00	0.00	
Friendship Group #103470	0.00	195 .00	
From Darkness To Light #XXXXXX	0.00	0.00	
Gays In Recovery #655112	0. 00	100.00	
Good Guys North #678914	25.00	90.00	
Grupo Renacer Hispano FP(...	0.00	0.00	
Grupo Serendad PSL (Spanish)	0.00	0.00	
Happy Hour Living Sober #653464	0.00	500.00	
Heard it thru the Grapevine #662713	0.00	30.00	
Helping Hands Group #654010	0.00	0.00	
Higher Power Sunday #679339PSL	60.00	695.00	
Just For Today #168564	0.00	50.00	
Kiss #127410	0.00	200.00	
Lakewood Park #177727	20.00	293.00	
Last Call#151221	00.00	200.00	
Late Risers #681809	0.00	0.00	
Lunch Box Ft Pierce #XXXXXX	0.00	0.00	
Lunch Bunch (PSL) #169623	0.00	175.00	
Men's Sobriety Group #172529	0.00	00.0	
Midday MatineeGP#172992	0.00	542.37	
New Hope Group (PSL) #163611	0.00	50.00	
New Windmill Point Gp #148626	0.00	121.00	
New Candlelight Grp Bayshore	0.00	0.00	
Okeechobee Kiss GP 643906	0.00	22.92	
Okeechobee Night Group #103633	0 .00	143.00	
Okeechobee Noon Group #147217	30.00	358.00	
Okeechobee Sobriety Group#643907	0.00	25.00	
Primary Purpose (WHC) #141056	0.00	0.00	
Primary Purpose Bayshore #679364	0 .00	185.00	
PSL AA Tues Nite #103698	0.00	138.00	
PSL AATues Night Mens #163940	0.00	205.00	
PSL Saturday AM Mens Gp #606637	0.00	600.00	
Reach Out Group FT Pierce	0.00	10.00	
Safe Harbor Gp	0.00	0.00	
Serenity Group #138843	0.00	0.00	
Sisters of Sobriety(W) #760856	0.00	0.00	
Sour Grapes Group #690990	0.00	0.00	
Step Into Action #696779	0.00	54.00	
Step Sisters #683996	0.00	0.00	
Sun Rise 11th Step Ft Pierce	0.00	0.00	
The Future of AA (Young People) #697507			
	0.00	1.00	
Tough Love GpXXXXXX	0.00	0.00	
Warrior GpXXXXXX	0.00	0.00	
Watch Your Step#645676	0.00	125.00	
We Stopped in Time #669606	0.00	0.00	
Westside Group #125608 FTP	0.00	0.00	
Wolff Road Group #703404...	0.00	0.00	
Women Stepping Up #157843	0.00	109.00	
Women's New Beginings #611306	100.00	200.00	
Okeechobee All Groups	0.00	51.00	
TOTAL Group Donation	524.07	9,175.75	
(NOTE: Gp#XXXXXX indicates we do not know the group's number. Let us know, please.)			

Twelve Tips on Keeping Your
Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



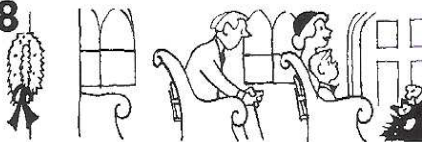
Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



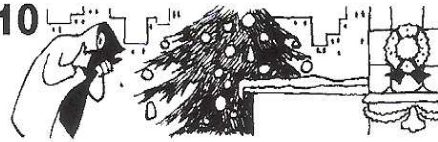
Don't think you have to stay late. Plan in advance an "important date" you have to keep.



Worship in your own way.



Don't sit around brooding. Catch up on those books, museums, walks, and letters.



Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

On the Twelfth Step ...

Step Twelve...

Having had a spiritual awakening as the result of these steps, we tries to carry this message to alcoholics, and to practice these principals in all our affairs.

The Twelfth Step Principle...

The principles behind the 12th step are Charity and Love

A TWELFTH-STEP PRAYER

Dear God, My spiritual awakening continues to unfold. The help I have received I shall pass on and give to others, both in and out of the fellowship. For this opportunity I am grateful. I pray most humbly to continue walking day by day on the road of spiritual progress. I pray for inner strength and wisdom to practice the principles of this way of life in all I do and say. I need You, my friends, and the Program every hour of every day. I give thanks for all I am thus offered. Amen.

On the Twelfth Step ...

Tradition Twelve...

Anonymity is the spiritual foundation of all our traditions; ever reminding us to place principles before personalities.

The Twelfth Tradition Checklist ...

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition – or belie it?
7. Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior – especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?

Remember, we deal with alcohol ... cunning, baffling, powerful !