

Holiday Recovery Party



Tuesday, December 20, Noon-4 pm

St. Lucie Intergroup

New Location still in the St. Lucie Plaza

**BEST PLACE FOR AA LITERATURE,
GIFTS AND INFO**

Some snacks provided, even better if
YOU bring some more!

833 E. Prima Vista Blvd. Port St. Lucie



**Intergroup
Anniversaries**

Lakewood Park

OCTOBER

Scott T	2 yrs
Steve B	3 yrs
Hemet	3 yrs
Tricia L	5 yrs
Judy S	6 yrs
Tony C	7 yrs
Cathy T	24 yrs
Fawn	42 yrs

NOVEMBER

John B	1 yr
Angela W	2 yrs
Mike B	17 yrs
Bob M	33 yrs
Steve T	39 yrs
Ken T	40 yrs

FREE SPEAKER CASSETTES!!!



Our Intergroup Office is clearing out
a bunch of cassette tapes by speakers at
various AA events. Come In and Get 'Em!!!

WHY AREN'T MY GROUP'S ANNIVERSARIES HERE???

*SIMPLY BECAUSE NO ONE TOLD US
ABOUT THEM, SO LET US KNOW!*

*It would be a service... and an easy one, for
the folks who make sure anniversary coins and
cards are ready each month to let the Inter-
group Office know, too. ... Or for your
Group Secretary or GSR to tell us ... or for
YOU!!!*



The 12th Step ...

Having had a spiritual awakening as the result of these steps, we try to carry this message to alcoholics, and to practice these principals in all our affairs.



Do you remember me?

I know who you are. You are "X" who attends the ABC Meeting at the XYZ Club where AA's meet in Anywhere, U.S.A.

I saw you there the other night at the eight o'clock meeting. I don't know how long you've been clean, but I know you've been coming around for a while because you spoke to a lot of people who knew you. I wasn't one of them.

You don't know who I am. I wandered into your meeting place alone the other night, a stranger in a strange town. I got a cup of coffee, and sat down by myself. You didn't speak to me.

Oh, you saw me. You glanced my way, but you didn't recognize me, so you quickly averted your eyes and sought out a familiar face. I sat there through the meeting.

The topic was gratitude. You and your friends spoke about how much AA means to you. You talked about the camaraderie in your meeting place. You said how much the people there had helped you when you first came through the door how they extended the hand of friendship to make you feel welcome, and asked you to come back.

And I wondered where they had gone, those nice peo-



ple who made your entrance so welcoming and so comfortable.

You talked about how the newcomer is the life blood of AA. I agree, but I didn't say so. In fact, I didn't share in your meeting. I signed my name in the book that was passed around, but the chairperson didn't refer to it. He only called on those people in the room whom he knew. So who am I? You don't know, because you

(Continued on page 3)

ST LUCIE INTERGROUP ASSOCIATION, INC.

883 E Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at:

www.aastlucieintergroup.com

Where you can view and download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via
e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

**The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 131
Come support your
District!!
Visit district6aa.org**

**GSRs — ARE YOUR BASKET DONATIONS
HELPING AA AS A WHOLE?**

Does your Home Group distribute the remaining
donations after Group expenses and prudent
reserve according to AA Tradition?

Is your Home Group doing it's part to help
support your local

Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is your Home Group represented at the local
monthly Intergroup steering committee
meeting?

Is your local Intergroup Office and its members
properly serving the needs of the local Groups?

These are questions you should be asking at your
Home Group business meetings.

Get involved.

Support AA as a whole!

**DOES YOUR GROUP HAVE AN
INTERGROUP REPRESENTATIVE ?**

Intergroup Steering Committee
and Group Representatives meet
the 3rd Thursday of every month
@ 7pm. Help support Intergroup

REMEMBER:

"I am responsible . . .

*When anyone, anywhere, reaches
out for help, I want the hand of
A.A. always to be there.*

And for that: I am responsible."

**District 6 Committee Meetings
(at the Intergroup Office
883 E Prima Vista Blvd.
Port St Lucie, Fl 34952)**

Special Needs Committee Meeting ... the 1st Saturday of month 9:00 a.m.

DCMs/GSRs Meeting ... the 1st Saturday of month 10:30 a.m.

Archives Committee Meeting ... the 2nd Saturday of month 9:00 a.m.

Corrections Committee Meeting ... the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting ... the 3rd Saturday of month 10:00 a.m.

PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 a.m.

**Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248**

**Want to get Involved?
Bridging the Gap
needs volunteers as contacts for
individuals leaving treatment.
Be their first contact.
To sign up contact the District 6
Treatment Committee
BTG Coordinator
Howard_F@comcast.net
772-441-8006**

**St. Lucie Intergroup needs to update our
Twelfth Step list. If you would like to be
contacted to help insure that the hand of AA
is always there, please contact the Intergroup
Office and leave your information: name,
phone number and hours available so we can
continue to help the still sick and suffering
alcoholic. Call 772-873-9299 or e-mail
stlucieintergroup@att.net**

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



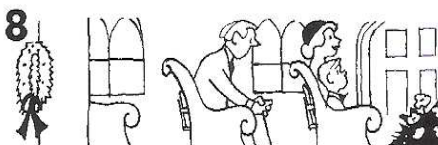
5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



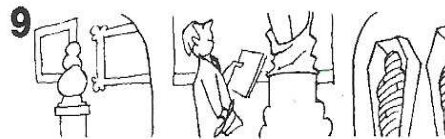
6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



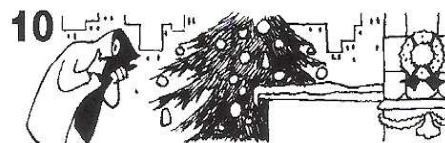
7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

2016 Group Contributions through Oct. 30

Group	Group #	OCT.	YTD	Group	Group #	OCT.	YTD
A Desire To Stop GP		0.00	0.00	Lunch Bunch	169623	0.00	575.00
AA Promises GP	671816	0.00	0.00	Men's Sobriety Group	172529	0.00	280.00
Alternate MC Beginners AA GP	645696	0.00	0.00	Midday Matinee	172992	0.00	340.00
An AA Group	706090	0.00	0.00	New Hope Group	163611	0.00	360.00
Back to Basics	617295	74.00	333.00	New Windmill Point	148626	0.00	0.00
Bayside GP	134955	0.00	0.00	Okeechobee Discussion		0.00	0.00
Begin Where You Are	666125	0.00	0.00	Okeechobee Combat Veterans		0.00	0.00
Better By The Beach	688860	166.00	540.76	Okeechobee Night Group	103633	0.00	100.00
Better Understanding	670079	0.00	0.00	Okeechobee Noon Group	147217	0.00	300.00
Bleeding Deacons	710958	0.00	450.00	Okeechobee Sobriety Group	643907	0.00	0.00
Easy Does It	149241	60.00	180.00	Okeechobee Women's Group		0.00	0.00
Ensollielle (French, seasonal)		0.00	25.00	One Page at a Time	648188	0.00	0.00
Eye Opener	169889	100.00	950.72	Primary Purpose Welcome Home	141056	0.00	0.00
First Things First	697413	0.00	792.32	Primary Purpose Bayshore	679364	0.00	150.00
Friday Night Men's	604208	0.00	50.00	PSL AA Tues. Nite Group	103698	0.00	155.00
Friendship Group	103470	0.00	0.00	PSL Sat. AM Men's Group	606637	0.00	490.00
From Darkness To Light		0.00	0.00	Reach Out Group	714201	0.00	57.00
Gays In Recovery	655112	0.00	50.00	Sisters of Sobriety	700856	0.00	0.00
Good Guys North	678914	0.00	75.00	Sour Grapes Group	690990	0.00	0.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Step Into Action	696779	.00	206.00
Grupo Serendad PSL (Spanish)		0.00	0.00	Step Sisters	683996	00.00	100.00
Happy Hour Living Sober	653464	0.00	150.00	Sun Rise 11th Step		0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Talking Feathers		7.00	122.50
Helping Hands Group	654010	0.00	170.00	The Future of AA (Young People)	697507	0.00	0.00
Higher Power Sunday	679339	0.00	0.00	Tough Love Group		0.00	0.00
How It Works-Bayshore		0.00	0.00	Warriors		0.00	130.00
Just For Today	168564	0.00	0.00	Watch your Steps	645676	0.00	0.00
Keep It Simple— Okeechobee	643906	0.00	0.00	We Stopped in Time	669606	0.00	0.00
KISS	127410	200.00	301.05	Westside Ft Pierce	125608	0.00	0.00
Lakewood Park	177727	40.00	245.00	Wolff Road Group Okeechobee	703404	0.00	50.00
Last Call	151221	0.00	200.00	Women Stepping Up	157843	50.00	150.00
Late Risers	681809	0.00	300.00	Women's New Beginnings	611306	0.00	50.00
Lunch Box		0.00	0.00	TOTAL AA GP Contributions		697.00	8727.85

This is not intended to direct AA members to specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it.

Thank you.

In 1957, Bill W. said, " We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

Do You Remember Me?

(Continued from page 1)

didn't bother to find out. Although yours was a closed meeting, you didn't even ask if I belonged there.

It might have been my first meeting. I could have been full of fear and distrust, knowing AA wouldn't work any better than anything

else I'd tried, and I would have left convinced that I was right. I might have been suicidal, grasping at one last straw, hoping someone would reach out and pull me from the pit of loathing and self-pity from which, by myself, I could find no escape.

I might have been a student with a tape recorder in my pocket, assigned to write a paper on how AA works - someone who shouldn't have been permitted to sit there at all but could have been directed to an open meeting to learn what I needed to know.

Or I could have been sent by the courts, wanting to know more, but afraid to ask. It happens that I was none of the above.

I was just an ordinary addict with a few years of clean living in AA who was traveling and was in need of a meeting.

My only problem that night was that I'd been alone with my own mind too long. I just needed to touch base with my AA family.

I know from past experience that I could have walked into your meeting place smiling, stuck out my hand to the first person I saw and said, "Hi. My name is - . I'm an alcoholic from - ." If I'd felt like doing that, I probably would have been warmly welcomed. You would have asked me if I knew Old So-and-so from my state, or you might have shared a part of your drunk-a-log that occurred in my part of the country. Why didn't I? I was hungry, lonely, and tired. The only thing missing was angry, but three out of four isn't a good place

for me to be.

So I sat silently through your meeting, and when it was over I watched enviously as all of you gathered in small groups, talking to one another the same way we do in my home town.

You and some of your friends were planning a meeting after the meeting at a nearby coffee shop. By this time I had been silent too long to reach out to you. I stopped by the bulletin board to read the notices there, kind of hanging around without being too obvious, hoping you might ask if I wanted to join you, but you didn't.

As I walked slowly across the parking lot to my car with the out-of-state license plates you looked my way again. Our eyes met briefly and I mustered a smile. Again, you looked away. I buckled my seat belt, started the car, and drove to the motel where I was staying.

As I lay in my bed waiting for sleep to come, I made a gratitude list. You were on it, along with your friends at the meeting place. I knew that you were there for me, and that I needed you far more than you needed me. I knew that if I had needed help, and had asked for it, you would have gladly given it. But I wondered . . . what if I hadn't been able to ask?

I know who you are.

Do you remember me?

— **Anonymous**

ADDRESSES FOR GROUP DONATIONS

GSO

PO Box 459

Grand Central Station

New York, NY 10163

South Florida Area 15

Treasurer

PO Box 690275

Vero Beach, Fl 32969

District 6 Treasurer

PO Box 12248

Ft. Pierce, Fl 34979-2248

St. Lucie Intergroup

Association, Inc.

883 E Prima Vista Blvd.,

Port St Lucie, Fl 34952

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On the Twelfth Step ...

The 12th Step...

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principals in all our affairs.

The Twelfth Tradition Checklist ...

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition – or belie it?
7. Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior – especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?

On the Twelfth Step ...

The Twelfth Step Principle...

The principles behind the 12th step are Charity and Love

Tradition Twelve...

Anonymity is the spiritual foundation of all our traditions; ever reminding us to place principles before personalities.

A TWELFTH-STEP PRAYER

Dear God, My spiritual awakening continues to unfold. The help I have received I shall pass on and give to others, both in and out of the fellowship. For this opportunity I am grateful. I pray most humbly to continue walking day by day on the road of spiritual progress. I pray for inner strength and wisdom to practice the principles of this way of life in all I do and say. I need You, my friends, and the Program every hour of every day. I give thanks for all I am thus offered.

Amen.