

### **Step Two**

# Came to believe that a Power greater than ourselves could restore us to sanity



IN GRATITUDE



### Where& When now printed in larger format

Our Where&When schedule of AA meetings in the St. Lucie County area will now be published in a larger format for better readability.

Squeezing the ever-increasing lists of meetings in St. Lucie and Okeechobee counties into the old four-page format had become difficult. The prior solution of using smaller type meant the Where&When was becoming quite hard to decipher.

The Where&When will now be distributed in a six-page

format, a tri-fold brochure.

Besides the larger type, the Where&When now has space available to list more new meetings as they develop. Please pick one up when you see it and offer any suggestions or corrections to the intergroup office (contact details at bottom of this page). And remember that the most up-to-date Where&When is always available on the Intergroup website, as are current and recent editions of this newsletter.

#### ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, Fl 34952
(772) 873-9299
(in the NW corner of Prima Vista & US 1 located in Port St Lucie Plaza)

Visit our website at: www.aastlucieintergroup.com

To receive a PDF copy of *In Gratitude* Newsletter via e-mail send a request to: stlucieintergroup@att.net, attn: Rex B., editor

The District 6 Monthly **Business Meetings** are held on the second Tuesday of each month **Indian River State College** 3209 Virginia Avenue Ft. Pierce At 6:30 pm **Building R Room 248** Come support your District!! Visit district6aa.org

GSRs — ARE YOUR BASKET
DONATIONS
HELPING AA AS A WHOLE?

Does your Home Group distribute
the remaining donations after Group
expenses and prudent reserve
according to AA Tradition?
Is your Home Group doing it's part
to help support your local
Intergroup Office?
District 6? Area 15?
The General Service Office?
Is your Home Group represented at
the local monthly Intergroup
steering committee meeting?
Is your local Intergroup Office and
its members properly serving the
needs of the local Groups?
These are questions you should be
asking at your Home Group business
meetings.
Get involved. Support AA as a
whole!

DOES YOUR GROUP HAVE AN

#### DOES YOUR GROUP HAVE AN **INTERGROUP REPRESENTATIVE?**

**Intergroup Steering Committee and** Group Representatives meet the 3rd Thursday of every month @ 7pm.

> **Help support Intergroup** REMEMBER:

"I am responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

And for that: I am responsible."

St. Lucie Intergroup needs to update our Twelfth Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the **Intergroup Office and leave your** information: name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

Please send all **District 6 Group** donations to: District 6 Treasurer P.O. Box 12248 Fort Pierce, Fl 34979-2248

Want to get Involved? **Bridging the Gap** needs volunteers as contacts for individuals leaving treatment. Be their first contact. To sign up contact the District 6 **Treatment Committee BTG** Coordinator at dist6treatment@gmail.com or **call 772-49SOBER** 

### District 6 Meetings (held at the Intergroup Office)

Archives Committee Meeting ... the 1st Saturday of month 9:00 am at the Intergroup Office.

Special Needs Committee Meeting ... the 1st Saturday of month 10:30 am at the Intergroup Office.

Corrections Committee Meeting ... the 2nd Saturday of month, 10:00 am at the Intergroup Office.

Events Committee Meeting ... the 3rd Saturday of month 10:30 am at the Intergroup Office.

Finance Committee Meeting ... the 3rd Saturday of month 9:15 am at the Intergroup Office.

**PI/CPC Committee** Meeting ... the 4th Saturday of month 10:30 am at the Intergroup Office.

## ON SPONSORSHIP

A man in a hot air balloon realized that he was lost. He reduced altitude and spotted another man below. He descended a bit more and shouted, "Excuse me, can you help me? I promised a friend I would meet him an hour ago, but I don't know where I am."

The man below replied, "You're in a hot air ball hovering approximately 30 feet above the ground. You're between 40 and 41 degrees north latitude and between 59 and 60 degrees west longitude."

"You must be a *sponsor*," said the balloonist. "I am," replied the man, "how did you know?" "Well," answered the balloonist, "everything you told me is, technically correct, but I've no idea what to make of your information, and the fact is I'm still lost. Frankly, you've not been much help at all. If anything, you've delayed my trip."

The man below responded, "You must be a sponsee"

"I am,: replied the balloonist, "but how did you know?"

"Well," said the man, "you don't know where you are or where you're going. You have risen to where you are due to a large quantity of hot air. You made a promise, which you've no idea how to keep, and you expect other people to solve your problems. The fact is you are in exactly the same position you were in before we met but now, somehow, it's my fault."

### **The Second Step**

Came to believe that a Power greater than ourselves could restore us to sanity.

### The Second Step's Principle ...

The principle behind the 2nd Step is COURAGE.

# A SECOND STEP PRAYER

Heavenly Father, I am having trouble with personal relationships. I can't control my emotional nature. I am prey to misery and depression. I can't make a living. I feel useless. I am full of fear. I am unhappy. I can't seem to be of real help to others. I



know in my heart that only you can restore me to sanity if I am just willing to stop doubting your power. I humbly ask that you help me to understand that it is more powerful to believe than not to believe and that you are either everything or nothing. AMEN

amen(p. 52:2, 52:3, 53:1, 53:2)

### **The Second Tradition ...**

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

### **The Second Tradition Checklist ...**

- 1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- 2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
- 3. Do I look for credit in my AA jobs? Praise for my AA ideas?
- 4. Do I have to save face in group discussion, or can I yield in good spirit to the group
- 5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

## GROUP CONTRIBUTIONS JANUARY 1, 2014 through DECEMBER 31, 2014

	DEC	YTD	Lunch Box Grp#XXXXXX Ft Pierce	0.00	0.00
Group Contributions	0.00	0.00	Lunch Bunch #169623(PSL)	25.00	200.00
#164 Group 648188	0.00	50.00	Men's Sobriety Group #172529	0.00	0.00
4th Dimension(ODB)#648185	0.00	0.00	Midday MatineeGP#172992	235.53	777.90
A Desire To Stop Bay Shore XXXXXXX	0.00	0.00	New Candlelight Gp#XXXXXX Bayshor	0.00	0.00
AA Promises Group #671816	0.00	0.00	New Hope Group #163611PSL	10.00	60.00
Alternate MC Beginners AA Grp645469	6 0.00	20.00	New Windmill Point Grp 148626	0.00	121.00
An AA Group#706090	0.00	0.00	Okeechobee Kiss Gp 643906	0.00	22.92
Back to Basics #617295	0.00	50.00	Okeechobee Night Group #103633	50.00	193.00
Bayside Group #\$134955	0.00	385.43	Okeechobee Noon Group #147217	30.00	388.00
Before and After Gp #XXXXXX	0.00	0.00	Okeechobee Sobriety Group #643907	0.00	25.00
Begin Where You Are #666125	0.00	15.00	Primary Purpose #141056 (WHC)	0.00	0.00
Better By The Beach#688860	0.00	200.00	Primary Purpose@Bayshore #679364	0.00	185.00
Better Understanding #670079	0.00	0.00	PSL AA Tues NiteGp #103698	0.00	173.00
Bleeding Deacons Gp#710958	0.00	535.15	PSL Saturday AM Mens Gp #606637	0.00	600.00
Easy Does It #149241	0.00	0.00	PSL Tuesday Night Men's #163940	0.00	205.00
Emotional Sobriety Group#XXXXXX	0.00		Reach Out Group FT Pierce	10.00	20.00
Eye Opener #169889		1,900.00	Sisters of Sobriety(W) #760856	0.00	0.00
First Things First #697413	163.64		Sour Grapes Group#690990	0.00	0.00
Friday Night Mens #604208	0.00		Step Into Action #696779	0.00	54.00
Friendship Group #103470	0.00		Step Sisters #683996WHC	0.00	0.00
From Darkness To Light #XXXXX FtP	0.00		•	0.00	0.00
Gays In Recovery #655112	0.00		Sun Rise 11th Step GP#XXXXXX FtP	0.00	0.00
Good Guys North #678914	0.00		The Future of AA(Young People)	0.00	1.00
Grupo Renacer Hispano FP(Spanish)	0.00		#697507	0.00	0.00
Grupo Serendad PSL(Spanish)	0.00		Tough Love Grp#XXXXXXPSL West		
Happy Hour Living Sober #653464	150.00		Warrior	0.00	0.00
Heard it thru the Grapevine #662713	80.00		Watch your Steps #645676	0.00	125.00
Helping Hands Group ##654010	0.00		We Stopped in Time #669606	0.00	174.00
Higher Power Sunday #679339 PSK	115.00		Westside Group #125608 FTP	0.00	0.00
Just For Today #168564 Kiss #127410	0.00 0.00		Wolff Road Group #703404	0.00	25.00
Lakewood Park #177727	0.00		(Okeechobee)	0.00	25.00
Last Call #151221	0.00		Women Stepping Up #157843	0.00	109.00
Late Risers #681809	25.00		Womens New Beginnings #611306	0.00	200.00
alone of warm	25.00		TOTAL Contributions	1,094.17	10,899.92

### January Anniversaries ...

Late Risers		Denise	5 yrs
Ebonie	1 yr	Sandi S	5 yrs
Maria	1 yr	Lewis	7 yrs
Nathan	1 yr	Kristen S	7
Cynthirt	33 yrs	yrs	
Midday Matinee	-	Roger L	9 yrs
Karen	1 yr	Ron H	20 yrs
Lillian	8 yrs	Bob S	24 yrs
Bayshore Club	•	Dottie	26 yrs
Bill	1 yr	Sam C	27 yrs
Homer B	1	Janice D	37 yrs
yr		Begin Where You	Are
Lauren K	1	Anita	28 yrs
yr		Tim	24 yrs
Russel W	1	Brad	10
yr		yrs	
Emily	2 yrs	Edie	8
Maria	3 yrs	yrs	
Frank	4 yrs	Victoria	6 yrs

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.

# (c) That God could and would if He were sought.

### Upcoming Events ...

### DISTRICT 6 ANNUAL SPAGHETTI DINNER

