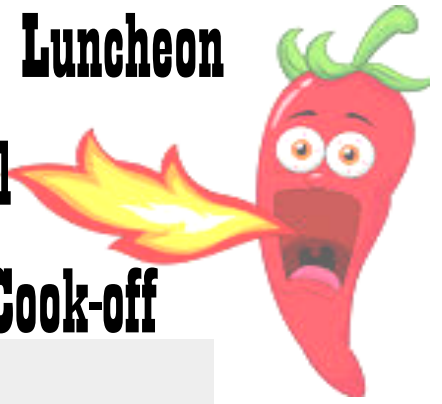




District 6's Founder's Day Luncheon

Ice Cream Social

And 2nd Annual Chili Cook-off



Saturday June 11th, 2016 11:30 a.m. to 3:00 p.m.

Langford Park Recreation Center

2369 NE Dixie Hwy Jensen Beach, Florida

Tickets: \$10 per person: Ticket price includes coffee, hamburgers, hot dogs, & other foods. Please bring a dessert or side dish to share.

Chili Cook-Off Entry Rules

**1. Entries are Free but must have
Ticket to Event**

2. Bring a 6-8 Quart Pot Minimum

**3. Entries must be turned in by
12:30 pm**

4. All Entries are Anonymous

**5. Judging will be done by "Opinion
Ticket Purchasers"**

**6. Grand Prize and Runner Up
Prizes Given**

YOU CAN WIN THE TITLE:

DISTRICT 6 CHILI CHAMP

Founders Day Luncheon &

Ice Cream Social

For Complete Details

or Questions

Contact the Chili Chair Alison

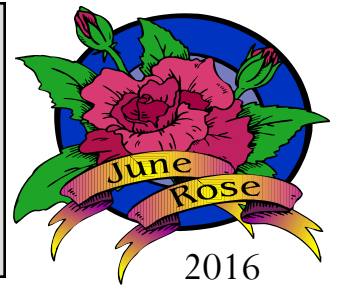
at 301-401-2188

or events@district6aa.org



Step Six

*Were entirely ready to have God remove all
these defects of character.*



The Origin of our Serenity Prayer

If you are looking for it, the Serenity Prayer is everywhere. The words to the familiar prayer are: "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference."

The Serenity Prayer is best known as a central prayer of Alcoholics Anonymous and other recovery programs. Yet freedom from substance abuse was not the prayer's original intent. The Serenity Prayer was composed during wartime by a 51-year-old pastor named Reinhold Niebuhr.

His daughter, Elisabeth Sifton, author of "The Serenity Prayer, Faith and Politics in Times of Peace and War, wrote:

"The Serenity Prayer addresses the insupportable pain, loss and guilt that war inflicts on the communities that wage it; it goes to the heart of the possibilities and impossibilities of collective action for collective betterment—that is to say, to the heart of the possibilities for peace."

The first time the Serenity Prayer was prayed was at the height of the war against Germany in the summer of 1943. It was a run of the mill Sunday morning service at Union Church in Heath, a farming village in a remote corner of northwestern Massachusetts where Niebuhr was a seasonal pastor. The



*Read Reinhold Niebuhr's full version of
the Serenity Prayer inside on Page 3.*

original prayer was longer and contained a second verse that contained more explicitly Christian references.

Sifton told The Huffington Post that her father's political concerns were the same as his spiritual ones: "to pray for the strength to change unjust, illiberal, selfish policies which gave rise to war, social unrest, and economic woe; to pray for the strength to help fashion a more fair, just, and peaceful world, and to work for that end."

These days, the prayer is more often used to help bring about individual peace and personal well-being. At the Realization Center, an outpatient addictions treatment program in New York, the Serenity Prayer is often

(Continued on page 3)

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at:

www.aastlucieintergroup.com

Where you can download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via
e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

**The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 131
Come support your
District!!
Visit district6aa.org**

GSRs — ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining
donations after Group expenses and prudent
reserve according to AA Tradition?

Is your Home Group doing it's part to help
support your local

Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is your Home Group represented at the local
monthly Intergroup steering committee
meeting?

Is your local Intergroup Office and its members
properly serving the needs of the local Groups?

These are questions you should be asking at your
Home Group business meetings.

Get involved.

Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee
and Group Representatives meet
the 3rd Thursday of every month
@ 7pm. Help support Intergroup

REMEMBER:

"I am responsible . . .

*When anyone, anywhere, reaches
out for help, I want the hand of
A.A. always to be there.*

And for that: I am responsible."

District 6 Committee Meetings (at the Intergroup Office 897A NE Prima Vista Blvd. Port St Lucie, Fl 34952)

Special Needs Committee Meeting ... the 1st Saturday of month 9:00 a.m.

DCMs/GSRs Meeting ... the 1st Saturday of month 10:30 a.m.

Archives Committee Meeting ... the 2nd Saturday of month 9:00 a.m.

Corrections Committee Meeting... the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting ... the 3rd Saturday of month 10:30 a.m.

PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 a.m.

**Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248**

**Want to get Involved?
Bridging the Gap
needs volunteers as contacts for
individuals leaving treatment.
Be their first contact.
To sign up contact the District 6
Treatment Committee
BTG Coordinator at
dist6treatment@gmail.com or
call 772-49SOBER**

**St. Lucie Intergroup needs to update our
Twelfth Step list. If you would like to be
contacted to help insure that the hand of AA
is always there, please contact the Intergroup
Office and leave your information: name,
phone number and hours available so we can
continue to help the still sick and suffering
alcoholic. Call 772-873-9299 or e-mail
stlucieintergroup@att.net**

WHY AREN'T MY GROUP'S ANNIVERSARIES HERE???

*SIMPLY BECAUSE NO ONE TOLD US
ABOUT THEM, SO LET US KNOW!*

*It would be a service... and an easy one, for
the folks who make sure anniversary coins
and cards are ready each month to let the In-
tergroup Office know, too. ... Or for your
Group Secretary or GSR to tell us ... or for
YOU!!!*

ADDRESSES FOR GROUP DONATIONS

GSO

PO Box 459

Grand Central Station

New York, NY 10163

South Florida Area 15

Treasurer

PO Box 690275

Vero Beach, Fl 32969

District 6 Treasurer

PO Box 12248

Ft. Pierce, Fl 34979-2248

St. Lucie Intergroup

Association, Inc.

897A NE Prima Vista Blvd.

Port St Lucie, Fl 34952

April & May Anniversaries

LUNCH BUNCH-April Steve K. 31 yrs

Susana D.F. 1 yr Sherry E. 34 yrs

Colin A. 1 yr Sonya 41 yrs

Michael T. 1 yr

Robert B. 2 yrs

Andy W. 4 yrs

Jeff C. 5 yrs

Dan L. 5 yrs

Greg K. 9 yrs

Mary D. 9 yrs

Veronica P. 10 yrs

Ron F. 39 yrs

KISS-May

Lina 1 yr

Loretta 1 yr

Amber 1 yr

Carolyn 1 yr

Kevin 3 yrs

Peter K. 9 yrs

Ann D. 25 yrs

Eddie D. 29 yrs

LAKEWOOD PARK-

April

Kevin W. 1 yr

Lina A. 1 yr

Gwendolyn 1 yr

Cheryl 2 yrs

Paul L. 5 yrs

Pat T. 12 yrs

Bill F. 13 yrs

Keith T. 26 yrs

BEGIN WHERE YOU

ARE-May

Judy 1 yr

Lina 1 yr

Nancy 2 yrs

Ray 21 yrs

Betsy 25 yrs

Kathy 31 yrs

2016 Group Contributions through April 29

Group	Group #	APRIL	YTD	Group	Group #	APRIL	YTD
A Desire To Stop GP		0.00	0.00	Lunch Bunch	169623	75.00	300.00
AA Promises GP	671816	0.00	0.00	Men's Sobriety Group	172529	90.00	210.00
Alternate MC Beginners AA GP	645696	0.00	0.00	Midday Matinee	172992	340.00	340.00
An AA Group	706090	0.00	0.00	New Hope Group	163611	70.00	110.00
Back to Basics	617295	0.00	0.00	New Windmill Point	148626	0.00	0.00
Bayside GP	134955	0.00	0.00	Okeechobee Discussion		0.00	0.00
Begin Where You Are	666125	0.00	0.00	Okeechobee Combat Veterans		0.00	0.00
Better By The Beach	688860	0213.60	213.60	Okeechobee Night Group	103633	0.00	50.00
Better Understanding	670079	0.00	0.00	Okeechobee Noon Group	147217	30.00	120.00
Bleeding Deacons	710958	0.00	450.00	Okeechobee Sobriety Group	643907	0.00	0.00
Easy Does It	149241	0.00	30.00	Okeechobee Women's Group		0.00	0.00
Ensolielle (French, seasonal)		25.00	25.00	One Page at a Time	648188	0.00	0.00
Eye Opener	169889	100.72	400.72	Primary Purpose Welcome Home	141056	0.00	0.00
First Things First	697413	0.00	184.65	Primary Purpose Bayshore	679364	0.00	150.00
Friday Night Men's	604208	0.00	50.00	PSL AA Tues. Nite Group	103698	15.00	115.00
Friendship Group	103470	0.00	0.00	PSL Sat. AM Men's Group	606637	0.00	240.00
From Darkness To Light		0.00	0.00	Reach Out Group	714201	0.00	10.00
Gays In Recovery	655112	0.00	50.00	Sisters of Sobriety	700856	0.00	0.00
Good Guys North	678914	50.00	75.00	Sour Grapes Group	690990	0.00	0.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Step Into Action	696779	0.00	0.00
Grupo Serendad PSL (Spanish)		0.00	0.00	Step Sisters	683996	0.00	0.00
Happy Hour Living Sober	653464	0.00	0.00	Sun Rise 11th Step		0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Talking Feathers		24.00	88.00
Helping Hands Group	654010	0.00	70.00	The Future of AA (Young People)	697507	0.00	0.00
Higher Power Sunday	679339	0.00	0.00	Tough Love Group		0.00	0.00
How It Works-Bayshore		0.00	0.00	Warriors		60.00	90.00
Just For Today	168564	0.00	0.00	Watch your Steps	645676	0.00	0.00
Keep It Simple— Okeechobee	643906	0.00	0.00	We Stopped in Time	669606	0.00	0.00
KISS	127410	300.00	300.00	Westside Ft Pierce	125608	0.00	0.00
Lakewood Park	177727	25.00	90.00	Wolff Road Group Okeechobee	703404	0.00	50.00
Last Call	151221	0.00	20.00	Women Stepping Up	157843	50.00	100.00
Late Risers	681809	0.00	150.00	Women's New Beginnings	611306	50.00	50.00
Lunch Box		0.00	0.00	TOTAL AA GP Contributions		1269.37	3943.02

This is not intended to direct AA members to specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it.

Thank you.

In 1957, Bill W. said, " We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

The Origin of our Serenity Prayer

(Continued from page 1)

used to close the program's twelve step meetings. Paula Schwartz, who leads the food addiction recovery program, told The Huffington Post that the Serenity Prayer "summarizes the way we need to be in the world and in recovery. It had to be divinely inspired."

The first report of the Serenity Prayer's use outside church walls was in 1944 when it appeared in the "Book of Prayers and Services for the Armed Forces," which was published by the Federal Council of Churches after a member of Heath Union's church congregation asked Niebuhr permission to reprint that little prayer about grace, courage and wisdom he heard one Sunday.

According to "Alcoholics Anonymous Comes of Age," an AA history book written by the organization's co-founder Bill Wilson, the Serenity Prayer ended up being adopted as the unofficial mantra of Alcoholics Anonymous in the late 1950s when the organization was barely a decade old.

Wilson's book claims that their first secretary, Ruth Hock, saw the Serenity Prayer printed underneath a routine obituary. Hock wrote an AA member and printer named Henry S. (AA members do not use full last names) asking if he could make some wallet size cards with the Serenity Prayer on it. He allegedly printed 500 prayer cards and the legacy and tradition evolved from there.

In "Alcoholics Anonymous Comes of Age," Bill Wilson states says that AA "counts the Serenity Prayer author (Niebuhr) among our great benefactors".

The Huffington Post asked Sifton what she would say to a room of AA members about her father's famous

words. In an e-mail response, she said, "I'd tell them that they're a step ahead of most everyone else, since they have acknowledged the need for daily, patient, modest work in building a good life — not everyone else has."

Before bumper sticker wisdom, retweetable nuggets of inspiration and even before the Serenity Prayer, Niebuhr, a devout Missouri native, once said, "The problem we often face is often the choice between different kinds of inactivity rather than of choice between action and inaction." Shifting the perspective of a person in recovery from powerless to empowered is what Paula Schwartz from the Realization Center notes as the key

benefit of the Serenity Prayer. The prayer can help those in recovery assess options for action with those people, places and things that can trigger a relapse into addiction.

"It allows us to exhale," says Schwartz. In those crucial moments, praying the Serenity Prayer can become life saving.

According to DrugRehab.org, as many as 19,000 people die of drug-related causes every year. According to Alcoholics Anonymous.org, more than 2,000,000 people call themselves members of the unique fellowship.

(Reprinted from the May 3, 2012, Huffington Post, written by Blog Editor Gina Ryder)

The Complete Serenity Prayer

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to
peace;

Taking, as He did, this sinful world
as it is, not as I would have it;
Trusting that He will make all things right
if I surrender to His Will;
That I may be reasonably happy in this life
and supremely happy with Him
Forever in the next.

Amen.

On the Sixth Step ...

The Sixth Step ...

Were entirely ready to have God remove all these defects of character.

The Sixth Step Principle ...

The principle behind the 6th Step is *WILLINGNESS*.

The Sixth Tradition ...

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

My Sixth Tradition Checklist ...

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs”, which is available free from GSO?
4. Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and a card room. If this is what is required to carry the message to them, should we have these facilities?

On the Sixth Step ...

A Sixth Step Prayer ...

GOD HELP ME BECOME
WILLING TO LET GO OF ALL
THE THINGS TO WHICH I
STILL CLING. HELP ME TO BE
READY TO LET YOU RE-
MOVE ALL OF THESE DE-
FECTS, THAT YOUR WILL
AND PURPOSE MAY TAKE
THEIR PLACE. AMEN

(P. 76 OF ALCOHOLICS ANONYMOUS, "THE BIG BOOK")