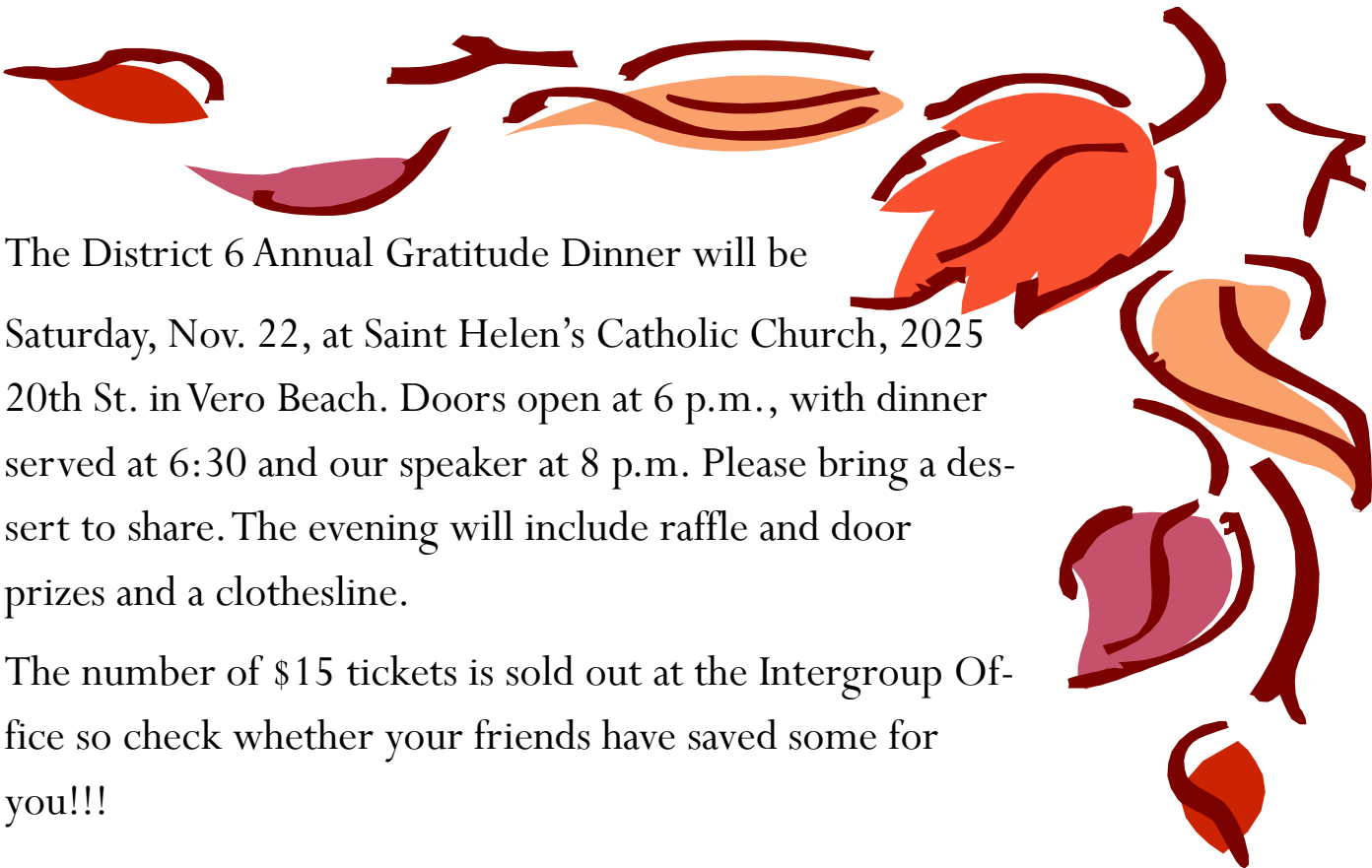


Upcoming Events ...

TWO GRATITUDE EVENTS IN AREA THIS YEAR



The District 6 Annual Gratitude Dinner will be Saturday, Nov. 22, at Saint Helen’s Catholic Church, 2025 20th St. in Vero Beach. Doors open at 6 p.m., with dinner served at 6:30 and our speaker at 8 p.m. Please bring a dessert to share. The evening will include raffle and door prizes and a clothesline.

The number of \$15 tickets is sold out at the Intergroup Office so check whether your friends have saved some for you!!!

Our friends of the Gulfstream Group have planned their First Annual Gratitude Day for Saturday, Nov. 15, at Langford Park, 2369 NE Dixie Highway, at Jensen Beach.

Things get rolling at 9 a.m. with a speaker on Steps 1-3, with more speakers and discussions into the afternoon, a lite lunch at 12:30 and four speakers with 50+ years each beginning at 4 p.m. \$5 donation.



ST. LUCIE INTERGROUP NEWSLETTER

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Step ELEVEN

Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of his will for us and the courage to carry it out.



St Lucie Intergroup
AA Meetings, Literature and AA Links for St Lucie County

Home Links to AA Sites

Home

Welcome to St Lucie Intergroup

897A E. Prima Vista Blvd Port St Lucie, FL 34952
Office (772) 873-9299

Intergroup Meeting on the 3rd Thursday of the month at Prima Vista Office @ 7:00 p.m.

Intergroup Statement of Purpose
To serve our associated Groups who are still suffering alcoholic according to the principals of the Twelve Steps and the 12 Concepts of AA, always remembering that our common goal is sobriety.

*****NOTICE*****
The November District-6 meeting has been changed from Tues Nov 11, 2014 to MONDAY NOVEMBER 10, 2014, 6:30 p.m. in Room 131

Meeting Guides for the St Lucie County Area
St Lucie Okeechobee Where and When Meeting Schedule (PDF Download)

Our New Website's Online!!!

VISIT IT AT:
Www.aastlucieintergroup.com

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299
(in the NW corner of Prima Vista & US 1 located in Port St Lucie Plaza)

Visit our website at:
www.aastlucieintergroup.com

To receive a PDF copy of Ingratitude Newsletter via e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

The District 6 Monthly Business Meetings are held on the second Tuesday of each month Indian River State College 3209 Virginia Avenue Ft. Pierce At 6:30 pm Building R Room 131 Come support your District!! Visit district6aa.org

ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?

Is your Home Group doing it's part to help support your local Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is Home your Group represented at the local Intergroup monthly meeting?

Is your local Intergroup Office and its members properly serving the needs of the local Groups?

These are questions you should be asking at your Home Group business meetings.

Get involved. Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee and Group Representatives meet the 3rd Thursday of every month @ 7pm.Help support Intergroup

REMEMBER:

"I am responsible . . . When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

St. Lucie Intergroup needs to update our Twelve Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave you information, name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

Please send all District 6 Group donations to:

District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl 34979-2248

Want to get Involved?

Bridging the Gap needs volunteers as contacts for individuals leaving treatment. Be their first contact. To sign up contact the District 6 Treatment Committee BTG Coordinator at dist6treatment@gmail.com or call 772-49SOBER

- District 6 Meetings (held at the Intergroup Office)
- Archive's Committee Meeting ... the 1st Saturday of month 9:00 am at the Intergroup Office.
- Special Needs Committee Meeting ... the 1st Saturday of month 10:30 am at the Intergroup Office.
- Corrections Committee Meeting... the 2nd Saturday of month, 10:00 am at the Intergroup Office.
- Events Committee Meeting ... the 3rd Saturday of month 10:30 am at the Intergroup Office.
- Finance Committee Meeting ... the 3rd Saturday of month 9:15 am at the Intergroup Office.
- PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 am at the Intergroup Office.

Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation. This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).

10%	to district
10%	to area committee
30%	to G.S.O.
50%	to intergroup or central office

ADDRESSES FOR GROUP DONATIONS

GSO
PO Box 459
Grand Central Station
New York, NY 10163

South Florida Area 15 Treasurer
PO Box 206
Bradenton, Fl 34206-0206

District 6 Treasurer
PO Box 12248
Ft. Pierce, Fl 34979-2248

St. Lucie County Intergroup
897A East Prima Vista Blvd
St. Lucie, Fl 34952

October Anniversaries ...

Midday Matinee

Marie	1 yr
Rita S	2 yrs
Susan L	2 yrs
Patrick J	5 yrs
Mike J	25 yrs
Ken	36 yrs
Roger	47 yrs

Bayshore Club

Shannon	1 yr
Pat	3 yrs
Melissa	4 yrs
Mike C	4 yrs
Michele B	5 yrs
Richard P	9 yrs
Al W	25 yrs

The Lunch Bunch

Maria Y.	1 yr.
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GROUP DONATIONS		
JAN/1/2014 through JULY/31/2014		
Group Name	SEPT	YTD
#164 Group 648188	50.00	50.00
4th Dimension(ODB)#648185	0.00	0.00
AA Meeting PSL Hosp GP#XXXXXXX	0.00	0.00
AA Promises Group #671816	0.00	0.00
An AA Group#706090	0.00	0.00
Ask it Basket (OD) #690194	0.00	0.00
Back to Basics #617295	0.00	50.00
Bayside Group #S\$134955	0.00	385.43
Before and After Gp#XXXXXX	0.00	0.00
Begin Where You Are #666125	0.00	15.00
Beginners Mtg Gp#XXXXXX	0.00	0.00
Better By The Beach#688860	0.00	200.00
Better Understanding #670079	0.00	0.00
Big Book Study MtgGp#XXXXXX	0.00	0.00
Bleeding Deacons Gp#710958	128.13	535.15
Easy Does It #149241	0.00	0.00
Emotional Sobriety Group ...	0.00	50.00
Eye Opener #169889	200.00	1,200.00
First Things First #697413	111.56	709.81
Freedom Group Okeechobee#709799	0.00	0.00
Friday Night Mens #604208	0.00	0.00
Friendship Group #103470	45.00	195 .00
Gays In Recovery #655112	50. 00	100.00
Good Guys North #678914	25.00	60.00
Grupo Renacer Hispano FP(...	0.00	0.00
Grupo Serendad PSL(Spanish)	0.00	0.00
Happy Hour Living Sober #653464	200.00	500.00
Heard it thru the Grapevi#662713	0.00	30.00
Helping Hands Group #654010	0.00	0.00
Higher Power Sunday #679339PSL(Sun)	253.00	635.00
Just For Today #168564	0.00	50.00
Kiss #127410	0.00	200.00
Lakewood Park #177727	20.00	273.00
Last Call#151221	100.00	200.00
Late Risers #681809	0.00	0.00
Lunch Box GrpXXXXXXFt Pierce	0.00	0.00
Lunch Bunch #169623(PSL)	0.00	175.00
Men's Sobriety Group #172529	0.00	0.00
Midday MatineeGP#172992	92.53	542.37
New Hope Group #163611PSL	10.00	50.00
New Windmill Point Gp#148626	20.00	121.00
New Candlelight Grp Bayshore	0.00	0.00
Okeechobee Kiss GP 643906	0.00	22.92
Okeechobee Night Group #103633	50 .00	143.00
Okeechobee Noon Group #147217	60.00	328.00
Okeechobee Sobriety Group#643907	0.00	25.00
Primary Purpose #141056(WHC)	0.00	0.00
Primary Purpose Bayshore#679364	185.00	185.00
PSL AA Tues Nite #103698	45.00	138.00
PSL AATues Night Mens#163940	30.00	205.00
PSL Saturday AM Mens Gp#606637	200.00	600.00
Reach Out Group FT Pierce	0.00	10.00
Safe Harbor Gp	0.00	0.00
Serenity Group #138843	0.00	0.00
Sisters of Sobriety(W) #760856	0.00	0.00
Sour Grapes Group #690990	0.00	0.00
Step Into Action #696779	36.00	54.00
Step Sisters #683996	0.00	0.00
Sun Rise 11th Step Ft Pie...	0.00	0.00
The Future of AA(Young Pe...#697507	1.00	1.00
Tough Love GpXXXXXX	0.00	0.00
Warrior GpXXXXXX	0.00	0.00
Watch Your Step#645676	25.00	125.00
We Stopped in Time #669606	150.00	174.00
Westside Group #125608 FTP	0.00	0.00
Wolff Road Group #703404...	0.00	0.00
Women Stepping Up #157843	0.00	109.00
Women's New Beginings #611306	0.00	100.00
Okeechobee All Groups	0.00	51.00
TOTAL Group Donation	1,587.16	9,060.50
(NOTE: Gp#XXXXXX indicates we do not know the group’s number. Let us know, please.)		

One Day of the Dog's Diary Reads:

8:00 am Oh boy! dog food, my favourite!
9:30 am Wow! a car ride, this is a blast!
9:40 am A walk in the park hot damm!
10:30 am Getting rubbed and petted I'm in love!
12:00 pm Lunch! ... Yummy!
1:00 pm Playing in the yard! I just love it!
4:00 pm Hooray! ... the kids are home! I am bouncing off the walls!
5:00 pm Milkbones! what a great treat!
7:00 pm I get to pay ball ... this is too good to be true!
8:00 pm Wow! .. watching TV with my master ... heavenly!
11:00 pm Sleeping at the bottom of my master's bed ... Life is Great!

The Same Day of the Cat's Diary Reads:

Day 683 of my captivity; my captors continue to taunt me with bizarre little dangling objects. They dine lavishly on fresh meat, while I and the other inmates are fed hash or some sort of dry nuggets. Although I make my contempt for the rations perfectly clear, I nevertheless must eat something in order to keep up my strength. In that way I shall be ready to flee at the first opportunity that presents itself. The only thing that keeps me going is my dream of escape (and the tepid satisfaction I receive from ruining the occasional piece of furniture).

In yet another demonstration of civil disobedience, I shall topple and destroy one more houseplant tonight under the cover of darkness. Many of my efforts to wear down my oppressors are not going according to plan. In an attempt to disgust them, I once again vomited on the floor. I shall soon be expanding my repertoire; I believe, I'll start vomiting in their shoes and/or beds.

Today, I decapitated a mouse and dropped its headless body at their feet. I had hoped this would strike fear into their hearts, since it clearly demonstrates what I am capable of. However, they merely made condescending comments about what a "good little hunter" I am. ... the audacity!

There was some sort of assembly of their accomplices tonight. I was placed in solitary confinement for the duration of the event. However, I could hear the noise and smell the food. I overheard that my confinement was due to my power of "allergies" I must learn what this means and how to use it to my advantage.

Today I was almost successful in an attempt to assassinate one of my tormentors by weaving around her feet as she was walking by. I must try this tomorrow but at the top of the stairs.

Prayer of Saint Francis of Assisi
(AA's Eleventh-Step Prayer)

Lord, make me a channel of thy peace;

that where there is hatred, I may bring love;
that where there is wrong, I may bring the spirit of forgiveness;
that where there is discord, I may bring harmony;
that where there is error, I may bring truth;
that where there is doubt, I may bring faith;
that where there is despair, I may bring hope;
that where there are shadows, I may bring light;
that where there is sadness, I may bring joy.

Lord, grant that I may seek rather to comfort than to be comforted;
to understand, than to be understood;
to love, than to be loved.

For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to eternal life.

On the Eleventh Step ...

The 11th Step...

Sought through prayer and meditation to improve our conscious contact with God *as we understood him*, praying only for knowledge of his will for us and the courage to carry it out.

The 11th Step Principle...

The principle behind the 10th step is Patience.



DISTRICT 6

GRATITUDE DINNER

Saturday, November 22, 2014

Doors open @ 6 p.m. ~ Dinner served @ 6:30 ~
Speaker @ 8:00



Proceeds to be sent to our General Service Office

Tickets \$15.00 each

Only a LIMITED number of tickets will be
sold so purchase your tickets **EARLY!**

Saint Helen's Catholic Church

2025 20th Street, Vero Beach, FL 32960



Please bring a dessert to share!

CLOTHESLINE RAFFLE PRIZES DOOR PRIZE

On the Eleventh Step ...

Tradition Eleven...

Our public relations policy is based on attraction rather than promotion; we need always to maintain personal anonymity at the level of press, radio and films

My Eleventh Tradition Checklist...

1. Why is it a good idea to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's servants, who do I wish had the authority to straighten them out?
3. In my opinions and the remarks of other AAs, am I implying membership requirements other than the desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect? the Sixth Tradition — or belie it?
7. Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior — especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscious? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?