

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



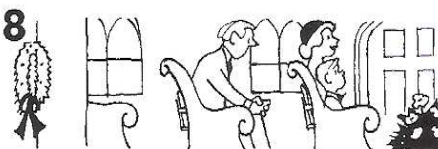
5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



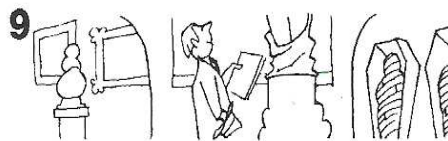
6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



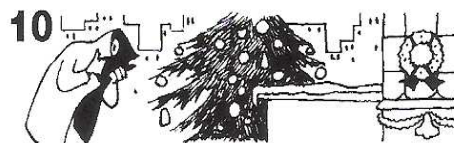
7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

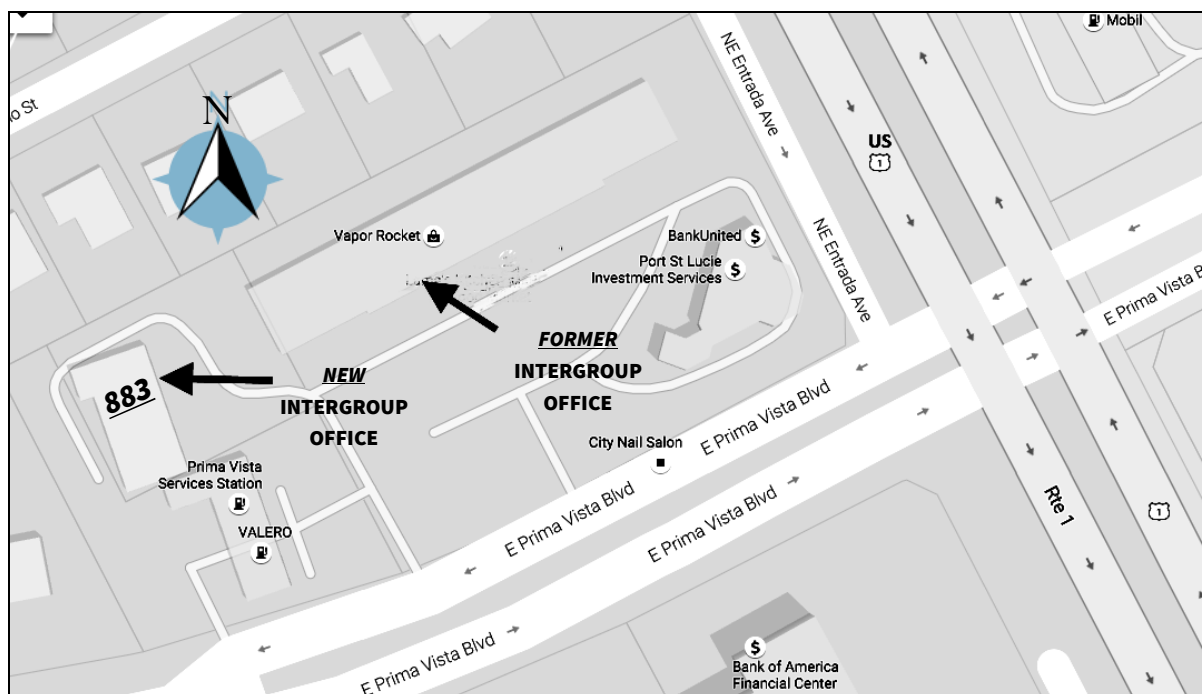


The 11th Step...

Sought through prayer and meditation to improve our conscious contact with God *as we understood him*, praying only for knowledge of his will for us and the courage to carry it out.



November is *Gratitude* Month!



We're in our new office!

We're still in the Port St. Lucie Plaza, across US 1 from Publix at E. Prima Vista Blvd. Our new office building is "behind" the Valera service station. Look for our AA "Circle and Triangle" in the front window while we waiting for our new signage. We're still the source for all your sobriety materials!

ST LUCIE INTERGROUP ASSOCIATION, INC.

883 E Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at:

www.aastlucieintergroup.com

Where you can view and download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via
e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

**The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 131
Come support your
District!!
Visit district6aa.org**

**GSRs — ARE YOUR BASKET DONATIONS
HELPING AA AS A WHOLE?**

Does your Home Group distribute the remaining
donations after Group expenses and prudent
reserve according to AA Tradition?

Is your Home Group doing it's part to help
support your local

Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is your Home Group represented at the local
monthly Intergroup steering committee
meeting?

Is your local Intergroup Office and its members
properly serving the needs of the local Groups?

These are questions you should be asking at your
Home Group business meetings.

Get involved.

Support AA as a whole!

**DOES YOUR GROUP HAVE AN
INTERGROUP REPRESENTATIVE ?**

Intergroup Steering Committee
and Group Representatives meet
the 3rd Thursday of every month
@ 7pm. Help support Intergroup

REMEMBER:

"I am responsible . . .

*When anyone, anywhere, reaches
out for help, I want the hand of
A.A. always to be there.*

And for that: I am responsible."

**District 6 Committee Meetings
(at the Intergroup Office
883 E Prima Vista Blvd.
Port St Lucie, Fl 34952)**

Special Needs Committee Meeting ... the 1st Saturday of month 9:00 a.m.

DCMs/GSRs Meeting ... the 1st Saturday of month 10:30 a.m.

Archives Committee Meeting ... the 2nd Saturday of month 9:00 a.m.

Corrections Committee Meeting ... the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting ... the 3rd Saturday of month 10:00 a.m.

PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 a.m.

**Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248**

**Want to get Involved?
Bridging the Gap
needs volunteers as contacts for
individuals leaving treatment.
Be their first contact.
To sign up contact the District 6
Treatment Committee
BTG Coordinator
Howard_F@comcast.net
772-441-8006**

**St. Lucie Intergroup needs to update our
Twelfth Step list. If you would like to be
contacted to help insure that the hand of AA
is always there, please contact the Intergroup
Office and leave your information: name,
phone number and hours available so we can
continue to help the still sick and suffering
alcoholic. Call 772-873-9299 or e-mail
stlucieintergroup@att.net**



SOUTH FLORIDA AREA 15

GENERAL SERVICE ASSEMBLY

"A Shared Experience – A New Life"

Hosted by District 7 * Sarasota County, Florida * January 6th-8th, 2017

Registration Friday 4:00 PM - 8:30 PM; Saturday 8:00 AM - 8:30 PM; Sunday 7:00 AM - 9:00 AM

Friday, January 6

8:30-9:30 PM
10:00-11:00 PM
10:00-11:00 PM

Saturday, January 7

7:00-8:00 AM
7:00-8:00 AM
8:00-9:00 AM
8:00-9:00 AM
8:30-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
9:00-10:50 AM
11:00 AM-12:30 PM
11:00 AM-12:00 PM
12:00 PM-1:30 PM

Speaker Meeting
Night Owl Meeting
Spanish Night Owl Meeting

Early Bird Meeting
Spanish Early Bird Meeting
Concepts Workshop
Spanish Concepts Workshop
Treatment Facilities Committee
Remote Communities Committee
State Convention Committee
Archives Committee
Current Practices Committee
Grapevine/La Viña Committee*
Literature Committee
PI/CPC Committee
Special Needs Committee**
Spanish Linguistic Committee
Traditions Workshop
Website Committee

Saturday, January 7

12:30-1:30 PM
12:30-1:30 PM
12:30-1:30 PM
1:00-1:50 PM
1:30-3:50 PM
2:00-3:50 PM
2:00-3:50 PM
2:00-3:50 PM
2:00-3:50 PM
2:00-3:50 PM
4:00-5:00 PM
5:00-6:00 PM
7:00-8:30 PM
8:30-9:30 PM
10:00-11:00 PM
10:00-11:00 PM

District Chairpersons Meeting
District Treasurers Meeting
District Secretaries/Registrars
Spanish Traditions Workshop
Corrections Committee
Finance Committee
Intergroup/Central Office
GSR Sharing
DCM Sharing
Quarterly Coordinators Meeting
Service Manual Workshop*
"What's On Your Mind?"
Banquet
Speaker Meeting***
Night Owl Meeting
Spanish Night Owl Meeting

Sunday, January 8

7:00-8:00 AM
7:00-8:00 AM
9:00 AM

Early Bird Meeting
Spanish Early Bird Meeting
South FL Area 15 Business Mtg***

*Spanish Language Interpreter provided; ** ASL Interpreter Provided (if requested); ***ASL (if requested) and Spanish Language Interpreter Provided.

Special Needs at any meeting or workshop. hotel room with wheelchair access or interpreter for the hearing impaired for the Sunday morning business

Saturday Banquet Banquet Menu

No. of just ok Chicken _____
No. of overtop Lasagna _____
No. of tasty Vegetarian _____
Total Tickets at \$43 each _____
Total Amount Enclosed _____
Name _____
Address _____
City _____ ST _____
Zip _____
Phone _____
E-mail _____
District _____ Day you will arrive: Fri or Sat
Guests with special needs (state needs) _____

PAYMENTS DUE BY: December 30, 2016

Make checks payable to:

District 7

P.O. Box 61732

Fort Myers, FL 33906-1732

QUESTIONS? Contact: Carlos M. (Banquet Chair)

at 239-243-4304

or District7banquetchair@gmail.com

Hyatt Regency Sarasota

1000 Boulevard of the Arts

Sarasota, Florida, USA, 34236

Phone: 941-953-1234

Reservations: 1-888-421-1442

Reference "South FL Area General Service"

Room Rate: \$139.00 S/D \$149 T \$159 Q

Must be received by Dec 3, 2016

Book online at:

<https://resweb.passkey.com/go/SFLAreaGeneralServices2017>

FOR HOTEL ROOM WAIT LIST OR TO CANCEL A ROOM PLEASE CONTACT: hotelinfo@area15aa.org

Directions:

I-75 to Exit 210, turn West on Fruitville Road towards Sarasota
for approx 7 miles, turn right on Tamiami Trail,
turn left first at traffic light onto Boulevard of the Arts

QUESTIONS? Contact Quarterly Chair
Text please or call Jim R 239-699-7374 or
District7quarterlychair@gmail.com

2016 Group Contributions through Sept. 30

Group	Group #	SEPT.	YTD	Group	Group #	SEPT.	YTD
A Desire To Stop GP		0.00	0.00	Lunch Bunch	169623	50.00	575.00
AA Promises GP	671816	0.00	0.00	Men's Sobriety Group	172529	0.00	280.00
Alternate MC Beginners AA GP	645696	0.00	0.00	Midday Matinee	172992	0.00	340.00
An AA Group	706090	0.00	0.00	New Hope Group	163611	100.00	360.00
Back to Basics	617295	85.00	259.00	New Windmill Point	148626	0.00	0.00
Bayside GP	134955	0.00	0.00	Okeechobee Discussion		0.00	0.00
Begin Where You Are	666125	0.00	0.00	Okeechobee Combat Veterans		0.00	0.00
Better By The Beach	688860	0.00	374.26	Okeechobee Night Group	103633	0.00	100.00
Better Understanding	670079	0.00	0.00	Okeechobee Noon Group	147217	60.00	300.00
Bleeding Deacons	710958	0.00	450.00	Okeechobee Sobriety Group	643907	0.00	0.00
Easy Does It	149241	30.00	120.00	Okeechobee Women's Group		0.00	0.00
Ensollielle (French, seasonal)		0.00	25.00	One Page at a Time	648188	0.00	0.00
Eye Opener	169889	100.00	850.72	Primary Purpose Welcome Home	141056	0.00	0.00
First Things First	697413	227.67	792.32	Primary Purpose Bayshore	679364	0.00	150.00
Friday Night Men's	604208	0.00	50.00	PSL AA Tues. Nite Group	103698	10.00	155.00
Friendship Group	103470	0.00	0.00	PSL Sat. AM Men's Group	606637	0.00	490.00
From Darkness To Light		0.00	0.00	Reach Out Group	714201	20.00	57.00
Gays In Recovery	655112	0.00	50.00	Sisters of Sobriety	700856	0.00	0.00
Good Guys North	678914	0.00	75.00	Sour Grapes Group	690990	0.00	0.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Step Into Action	696779	63.00	103.00
Grupo Serendad PSL (Spanish)		0.00	0.00	Step Sisters	683996	100.00	100.00
Happy Hour Living Sober	653464	150.00	150.00	Sun Rise 11th Step		0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Talking Feathers		7.50	115.50
Helping Hands Group	654010	50.00	170.00	The Future of AA (Young People)	697507	0.00	0.00
Higher Power Sunday	679339	0.00	0.00	Tough Love Group		0.00	0.00
How It Works-Bayshore		0.00	0.00	Warriors		0.00	130.00
Just For Today	168564	0.00	0.00	Watch your Steps	645676	0.00	0.00
Keep It Simple— Okeechobee	643906	0.00	0.00	We Stopped in Time	669606	0.00	0.00
KISS	127410	00.00	301.05	Westside Ft Pierce	125608	0.00	0.00
Lakewood Park	177727	40.00	205.00	Wolff Road Group Okeechobee	703404	0.00	50.00
Last Call	151221	50.00	200.00	Women Stepping Up	157843	0.00	150.00
Late Risers	681809	0.00	300.00	Women's New Beginnings	611306	0.00	50.00
Lunch Box		0.00	0.00	TOTAL AA GP Contributions		985.67	8030.85

This is not intended to direct AA members to specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it.

Thank you.

In 1957, Bill W. said, " We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

WHY AREN'T MY GROUP'S ANNIVERSARIES HERE???

*SIMPLY BECAUSE NO ONE TOLD US
ABOUT THEM, SO LET US KNOW!*

*It would be a service... and an easy one, for the
folks who make sure anniversary coins and cards
are ready each month to let the Intergroup Office
know, too. ... Or for your Group Secretary or
GSR to tell us ... or for **YOU!!!***

ADDRESSES FOR GROUP DONATIONS

GSO

PO Box 459

Grand Central Station

New York, NY 10163

South Florida Area 15

Treasurer

PO Box 690275

Vero Beach, FL 32969

District 6 Treasurer

PO Box 12248

Ft. Pierce, FL 34979-2248

St. Lucie Intergroup

Association, Inc.

883 E Prima Vista Blvd.,

Port St Lucie, FL 34952

61st Florida State Convention Jacksonville, FL July 27 – July 30, 2017



Experience Jacksonville's Southern Hospitality

Register and Pay Securely By Visa/MC:
www.floridastateconvention.com

Hotel Information
Hyatt Regency
Jacksonville Riverfront

For Convention Rates, Register at:
[Http://resweb.passkey.com/go/FSC2017](http://resweb.passkey.com/go/FSC2017)

On the Eleventh Step ...

The Eleventh Step...

Sought through prayer and meditation to improve our conscious contact with God
as we understood him, praying only for knowledge of his will for us and the
courage to carry it out.

Prayer of Saint Francis of Assisi

(AA's Eleventh-Step Prayer)

*Lord, make me a channel of thy peace;
that where there is hatred, I may bring love;
that where there is wrong, I may bring the spirit of forgiveness;
that where there is discord, I may bring harmony;
that where there is error, I may bring truth;
that where there is doubt, I may bring faith;
that where there is despair, I may bring hope;
that where there are shadows, I may bring light;
that where there is sadness, I may bring joy.
Lord, grant that I may seek rather to comfort than to be comforted;
to understand, than to be understood;
to love, than to be loved.
For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to eternal life.*

On the Eleventh Step ...

The Eleventh Step Principle...

The principle behind the 11th step is Patience.

Tradition Eleven...

Our public relations policy is based on attraction rather than promotion; we need always to maintain personal anonymity at the level of press, radio and films

My Eleventh Tradition Checklist ...

1. Why is it a good idea to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's servants, who do I wish had the authority to straighten them out?
3. In my opinions and the remarks of other AAs, am I implying membership requirements other than the desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect? the Sixth Tradition — or belie it?
7. Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior — especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscious? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is my real importance among more than a million AAs?