

DISTRICT 6

OKEECHOBEE FISH FRY

Great Food

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Saturday

September 12

2015

10 AM—3 PM

Catch a fish...



... We'll cook it!



Raffles

**Okeechobee Civic Center
1750 Hwy 98 N Okeechobee
Ticket, \$12 advance or at door**

***Please bring
a COVERED
DISH***

Children's

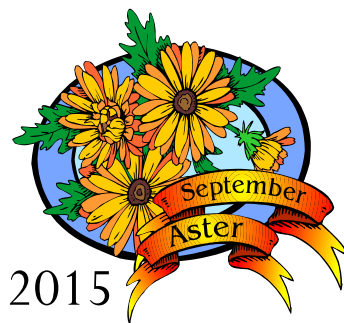


Playground



Step Nine

Made direct amends to such people
wherever possible except when to do so
would injure them or others.



“To Put Right”

THE MEANING OF AMENDS

“You expect me to say I am sorry?!?!?” “How?”
“All those things are in the past.” “I *never* said
anything they could hear and I didn’t beat
them.” “They won’t like me if I admit this
stuff.”

For me, it came down to: “Do I want to be right
or do I want to be happy” I wanted to be as
happy, joyous and free, as the people I had met
in the rooms of AA.

How did my Ninth Step turn out? Well, I did
not say “I’m sorry.”

And in several situations, I did not even discuss
with the person the harm I had done them.

But I certainly had many discussions about this
step with my sponsor and I did nothing until I
had received approval to go forward.

I learned that “to put right” is the definition of
“amend” per the Merriam Webster Dictionary.

First, I had to look at my actions that had
harmed others and to take responsibility for
them. With the help of my sponsor and using

One of our St. Lucie County AA
members shares her experience with
completing the Ninth Step.

my inventory, I was again able to see my part in
the mess I had made of my life. I had to carry the
blame. I had to accept my negative behaviors for
the interactions I had with the people in my life -
- past and present.

I then had to “put right” the things I did and did
not do.

I met face-to-face with most people. I sent letters
to others. And I asked God to forgive me for
what I had done to those who had died.

Face-to-face amends were not the horrors I an-
ticipated.

Friends and relatives were willing to meet with
me when I politely requested an hour of their
time. I used Honest, Open-Minded and Willing

(Continued on page 3)

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at:

www.aastlucieintergroup.com

Where you can download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via
e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 248
Come support your
District!!
Visit district6aa.org

GSRs — ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining
donations after Group expenses and prudent
reserve according to AA Tradition?

Is your Home Group doing it's part to help
support your local

Intergroup Office?

District 6? Area 15?

The General Service Office ?

Is your Home Group represented at the local
monthly Intergroup steering committee
meeting?

Is your local Intergroup Office and its members
properly serving the needs of the local Groups?

These are questions you should be asking at your
Home Group business meetings.

Get involved.

Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee
and Group Representatives meet
the 3rd Thursday of every month
@ 7pm. Help support Intergroup

REMEMBER:

"I am responsible . . .

*When anyone, anywhere, reaches
out for help, I want the hand of
A.A. always to be there.*

And for that: I am responsible."

District 6 Meetings (at the Intergroup Office 897A NE Prima Vista Blvd. Port St Lucie, Fl 34952)

Special Needs Committee Meeting ... the 1st Saturday of month 9:00 a.m.

DCMs/GSRs Meeting ... the 1st Saturday of month 10:30 a.m.

Archives Committee Meeting ... the 2nd Saturday of month 9:00 a.m.

Corrections Committee Meeting... the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting ... the 3rd Saturday of month 10:30 a.m.

PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 a.m.

Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248

Want to get Involved?
Bridging the Gap
needs volunteers as contacts for
individuals leaving treatment.
Be their first contact.
To sign up contact the District 6
Treatment Committee
BTG Coordinator at
dist6treatment@gmail.com or
call 772-49SOBER

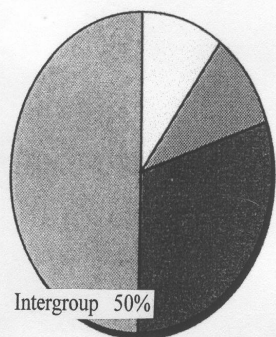
St. Lucie Intergroup needs to update our
Twelfth Step list. If you would like to be
contacted to help insure that the hand of AA
is always there, please contact the Intergroup
Office and leave your information: name,
phone number and hours available so we can
continue to help the still sick and suffering
alcoholic. Call 772-873-9299 or e-mail
stlucieintergroup@att.net

Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation.

This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).



10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

ADDRESSES FOR GROUP DONATIONS

GSO

PO Box 459

Grand Central Station

New York, NY 10163

South Florida Area 15 Treasurer

PO Box 690275

Vero Beach, Fl 32969

District 6 Treasurer

PO Box 12248

Ft. Pierce, Fl 34979-2248

St. Lucie Intergroup Association, Inc.

897A NE Prima Vista Blvd.

Port St Lucie, Fl 34952

WHY AREN'T MY GROUP'S ANNIVERSARIES HERE???



SIMPLY BECAUSE NO ONE TOLD US ABOUT THEM, SO LET US KNOW! It would be a service... and an easy one, for the folks who make sure anniversary coins and cards are ready each month to let the Inter-group Office know, too. (See details at bottom of this column) ... Or for your GSR ... or for YOU!!!

August Anniversaries ...

Lunch Bunch

Marlon C.	3 yrs
Tony B.	4 yrs
Grace M.	4 yrs
Hector P	7 yrs
Nancy O.	14 yrs
Debbie T.	28 yrs
Paul M.	29 yrs.

Begin Where You Are

Rex B.	2 yrs
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Higher Power

Fred S.	22 yrs
Mike R.	30 yrs
Brian S.	6 yrs
Dave D.	4 yrs

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

(a) That we were alcoholic and could not manage our own lives.

(b) That probably no human power could have relieved our alcoholism.

(c) That God could and would if He were sought.

2015 Group Contributions through July 31

Group	Group #	JULY	YTD	Group	Group #	JULY	YTD
164 GP	648188	0.00	0.00	Late Risers	681809	0.00	250.00
4th Dimension	648185	0.00	0.00	Lunch Box		0.00	0.00
A Desire To Stop GP		0.00	0.00	Lunch Bunch	169623	25.00	125.00
AA Midday Matinee Bayshore	172992	0.00	0.00	Men's Sobriety Group	172529	150.00	310.00
AA Promises GP	671816	0.00	0.00	Midday Matinee	172992	0.00	949.06
Alternate MC Beginners AA GP	645696	0.00	0.00	New Hope	163611	20.00	120.00
An AA Group	706090	0.00	0.00	New Windmill Point	148626	0.00	75.00
Back to Basics	617295	0.00	0.00	Okeechobee Discussion		0.00	0.00
Bayside GP	134955	252.50	252.50	Okeechobee Kiss Group	643906	0.00	0.00
Begin Where You Are	666125	0.00	75.00	Okeechobee Night Group	103633	0.00	0.00
Better By The Beach	688860	0.00	304.00	Okeechobee Noon Group	147217	30.00	210.00
Better Understanding	670079	0.00	0.00	Okeechobee Sobriety Group	643907	0.00	0.00
Bleeding Deacons	710958	150.00	480.00	Primary Purpose Welcome Home	141056	0.00	0.00
Easy Does It	149241	0.00	80.00	Primary Purpose Bayshore	679364	0.00	0.00
Emotional Sobriety		0.00	0.00	PSL AA Tues. Nite Group	103698	20.00	220.00
Eye Opener	169889	50.00	1350.00	PSL Men's Group Tuesday	163940	0.00	130.00
First Things First	697413	78.17	300.14	PSL Sat. AM Men's Group	606637	0.00	360.00
Friday Night Men's	604208	0.00	0.00	Reach Out Group	714201	0.00	30.00
Friendship Group	103470	0.00	0.00	Sisters of Sobriety	700856	0.00	0.00
From Darkness To Light		0.00	0.00	Sour Grapes Group	690990	0.00	0.00
Gays In Recovery	655112	0.00	60.00	Step Into Action	696779	0.00	20.00
Good Guys North	678914	25.00	75.00	Step Sisters	683996	0.00	100.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Sun Rise 11th Step		0.00	0.00
Grupo Serendad PSL (Spanish)		0.00	0.00	The Future of AA (Young People)	697507	0.00	0.00
Happy Hour Living Sober	653464	0.00	600.00	Tough Love Group		0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Warriors		0.00	0.00
Helping Hands Group	654010	0.00	70.00	Watch your Steps	645676	0.00	75.00
Higher Power Sunday	679339	175.00	887.00	We Stopped in Time	669606	0.00	312.00
How It Works-Bayshore		0.00	0.00	Westside Ft Pierce	125608	0.00	0.00
Just For Today	168564	0.00	50.00	Wolff Road Group Okeechobee	703404	0.00	50.00
KISS	127410	0.00	603.00	Women Stepping Up	157843	50.00	150.00
Lakewood Park	177727	20.00	120.00	Women's New Beginnings	611306	0.00	100.00
Last Call	151221	50.00	150.00	TOTAL AA GP Contributions		1095.67	9042.70

This is not intended to direct AA members to specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it. Thank you.

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

“To Put Right”

(Continued from page 1)

as my guidelines for my approach to the discussion of what I perceived to be the harm to them.

I met no resistance. Each person was happy for the changes I was making. They wished me continued happiness in my efforts.

Several were shocked at the thought that I had caused them harm. (All those years of carrying resentments that only I was aware of. Didn't I think that *I* was important?)

My sponsor read every letter I planned to send. I had to rewrite a few. I expected no response from the amend letters, but I did receive a couple of thank-you notes.

I met face-to-face with most people. I sent letters to others. And I asked God to forgive me for what I had done to those who had died.

The rest of my amends were of the “living” variety. These were the amends that would have caused more emotional hurt and pain if I had insisted on being heard.

Thankfully, my behavior improved and I became less selfish and demanding in my relationships. I was beginning to learn about love.

This Step is not a “quick – get it over with” step. Personally, I found I was fearful of each one. It wasn't until my Sponsor and I prayed for help that I could go forward.

I continue with the Steps in my life. I am now Happy, Joyous and Free.

Upcoming Events ...

SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY

“We Will Be Amazed”



Fort Lauderdale Marriott North
6650 N Andrews Avenue
Fort Lauderdale, Florida 33309
Phone: 954-771-0440 / Fax: 954-771-7519

Reservations: 800-228-9290
Room Rate: \$106.00 (1-4 people)
Must be received by Sept 10th, 2015
Reference “South Florida General Service Assembly”
Book online at www.marriott.com --
Search for Marriott North in Fort Lauderdale
and use Group Code GSC GSCA

Directions:

I-95 to Exit 33B (Cypress Creek West), turn right at second traffic light onto Andrews, hotel is ½ mile north on the right.

QUESTIONS? Contact Quarterly Chair
Karen V. at 954-554-0346 or
quarterly2015@aol.com

Please contact Quarterly Coordinator or Quarterly Chair if you must cancel your reservation.

On the Ninth Step ...

The Ninth Step ...

Made direct amends to such people wherever possible
except when to do so would injure them or others.

The Ninth Step Principle ...

The principle behind the 8th step is *Freedom*.

The Ninth Tradition ...

AA, as such, ought never be organized, but we may create service
boards or committees directly responsible to those they serve.

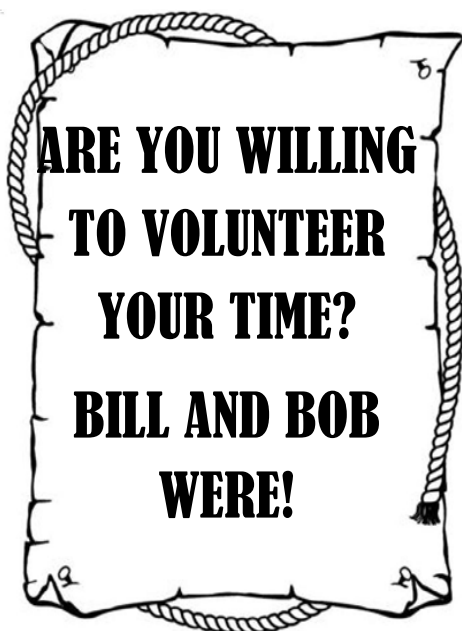
My Ninth Tradition Checklist ...

1. Do I still try to boss things at AA?
2. Do I resist the formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all the elements of the AA program — even if no one makes me do so — with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and by-laws?
7. Have I learned to step out of an AA job gracefully — and profit thereby — when the time comes?
8. What has rotation to do with anonymity? With humility?

On the Ninth Step ...

A Ninth-Step Prayer

God, give me the strength and direction to do the right thing no matter what the consequences may be. **Help me** to consider others and not harm them in any way. **Help me** to consult with others before I take any actions that would cause me to be sorry. **Help me** to not repeat such behaviors. **Show me** the way of Patience, Tolerance, Kindliness, and Love and **help me** live the spiritual life. AMEN



Does your home group have a representative for the Public Information/Cooperation with the Professional Community Committee?

There is a lot of service work done outside of AA meetings. Our committee presents information about Alcoholics Anonymous to the public.

We discuss the disease of alcoholism as printed in our conference approved literature, the history of AA, the AA traditions, the importance of anonymity, sponsorship, the 12 steps, what AA does and does not do.

We bring conference approved literature to people and places that might have an immediate or future need for AA.

We bring our information (as presentations) to middle school and high school students, teachers, doctors, health officials, nursing staffs, drug

and alcohol rehabilitation staff, clergy, church youth groups, clubs and most importantly to individual AA home groups.

Our committee handles all public service announcements, billboards, bus benches and other places we can leave information about Alcoholics Anonymous.

We review new literature, handle requests for posters, video segments and member surveys.

We think it is important for all members of AA to know what PI/CPC is doing for AA.

We would like to have more volunteers at our committee meeting. Even if it is nothing more than taking the minutes of our committee meeting back to your home group business meeting.

Contact Wes B (772-801-3783) for the time and location of the next PI/CPC meeting.