

Upcoming Events ...

Area 15 General Service Assembly
October 10th – 12th 2014 at the Stuart Marriott
Hutchinson Island

CALLING ALL GROUPS & FELLOW MEMBERS OF DISTRICT 6

To help our District host the upcoming Area 15 General Service Assembly

This is where all the 19 Districts of S. Florida, Bahamas, US Virgin Islands, British Virgin Islands, Antigua, St Marten & Caymen Islands come together to conduct the business of AA so that we may better serve the alcoholic that still suffers.

This is an awesome opportunity for group and individual participation to do some service work and have A LOT OF FUN in the process!!!!

We will need to provide greeters, help with registration, provide food and beverage for the hospitality room, organize the Saturday workshops, and provide all the necessary support to help make this Quarterly a great success.

The following committees will need A LOT of help:

***** Registration Committee John Timms 631-525-2467

***** Greeters Committee Gina Lavigne 772-370-0947

***** Hospitality Committee Diane Thompson 772-708-4709

Please contact these Committee Chairs if you or your group would like to become involved

We are also asking for your support through Group donations for the necessities of the Quarterly. Please clearly mark all donations with "October 2014 Quarterly" and send to:

District 6 Treasurer P.O. Box 12248 Ft Pierce, FL 34979

Any excess funds received will be retained by the District in it's General Operating Account

FOR MORE INFORMATION PLEASE CONTACT

Quarterly Host Chair RHONDA LONGHORN 772-834-14874

Quarterly Host Alt Chair GORDON BELL 772-785-8822



ST. LUCIE INTERGROUP NEWSLETTER

I N G R A T I T U D E

Step NINE

Made direct amends to such people
wherever possible except when to do so
would injure them or others.



2014

An Invitation from the General Service Board of Alcoholics Anonymous

2014 Southeast Regional Forum

September 26-28, 2014

7 pm to 10 pm Friday

9 am to 9:45 pm Saturday

9 am to noon on Sunday

Verdanza Hotel

8020 Tartak Street

Isla Verde, Puerto Rico 00979

Group Code: **AA9**

There is no Registration Fee

We Are Coming Together To Share Experience On Several Topics:

- ❖ Why should I care about A.A. beyond my home group?
- ❖ A.A. History—Boring or an incredible spiritual journey?
- ❖ How does support of G.S.O. help A.A.s worldwide?
- ❖ Does your home group use the A.A. Grapevine or La Viña as a Twelfth Step tool?
- ❖ The upside down triangle—How are the General Service Board, and the A.A.W.S. and Grapevine Boards accountable to the Fellowship?
- ❖ How do I have a voice in A.A.?
- ❖ What do the Traditions and Concepts have to do with my home group?

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1 located in Port St Lucie Plaza)

Visit our website at:
www.aastlucieintergroup.com

To receive a PDF copy of Ingratitude Newsletter via
e-mail send a request to:
stlucieintergroup@att.net, attn: Joe C editor

Notices ...

District 6 Meetings (held at the Intergroup Office)

Archive's Committee Meeting ... the 1st Saturday of month 9:00 am at the Intergroup Office.

Special Needs Committee Meeting ... the 1st Saturday of month 10:30 am at the Intergroup Office.

Corrections Committee Meeting... the 2nd Saturday of month, 10:00 am at the Intergroup Office.

Events Committee Meeting ... the 3rd Saturday of month 10:30 am at the Intergroup Office.

Finance Committee Meeting ... the 3rd Saturday of month 9:15 am at the Intergroup Office.

St. Lucie Intergroup needs to update our Twelve Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave you information, name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

Want to get Involved?
Bridging the Gap
needs volunteers as contacts for individuals leaving treatment.
Be their first contact.
To sign up contact the District 6 Treatment Committee
BTG Coordinator at
dist6treatment@gmail.com or
call 772-49SOBER

Please send all District 6 Group donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl 34979-2248

ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?

Is your Home Group doing it's part to help support your local Intergroup Office?

District 6? Area 15? The General Service Office ?

Is Home your Group represented at the local Intergroup monthly meeting?

Is your local Intergroup Office and its members properly serving the needs of the local Groups?

These are questions you should be asking at your Home Group business meetings.

Get involved. Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee and Group Representatives meet the 3rd Thursday of every month @ 7pm.Help support Intergroup

REMEMBER:

"I am responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

And for that: I am responsible."

The District 6 Monthly Business Meetings are held on the second Tuesday of each month Indian River State College 3209 Virginia Avenue Ft. Pierce At 6:30 pm Building R Room 131 Come support your District!! Visit district6aa.org

Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation. This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).

10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

ADDRESSES FOR GROUP DONATIONS

GSO
PO Box 459
Grand Central Station
New York, NY 10163

South Florida Area 15 Treasurer
PO Box 206
Bradenton, Fl 34206-0206

District 6 Treasurer
PO Box 12248
Ft. Pierce, Fl 34979-2248

St. Lucie County Intergroup
897A East Prima Vista Blvd
St. Lucie, Fl 34952

July Anniversaries ...

Late Risers

Nicole	2 yrs
Lori	3 yrs
Art	4 yrs

Midday Matinee

Mike S	2 yrs
Scott	2 yrs
Mary Beth	28 yrs

Bayshore Club

Adam M	1 yr
Freddie V	1 yr
J Scott	1 yr
Jack K	1 yrs
Jim F	1 yr
Kristina	1 yr
Pauline	1 yr
Christine	2 yrs
Dottie M	3 yrs
Joann W	6 yrs
Michael	7 yrs
Paul D	8 yrs
Rob M	8 yrs
Clardy S	19 yrs
Mike G'tz	19 yrs
Bruce W	20 yrs
Artie S	25 yrs
Lisa M	31 yrs
Meg P	31 yrs
Gail K	38 yrs

August Anniversaries ...

Higher Power 11th Step

Fred S	21 yrs
Mike R	29 yrs.
Brian S	5 yrs.
Dave D.	3 yrs.

GROUP DONATIONS		
JAN/1/2014 through JULY/31/2014		
	JULY	YTD
Group Name		
#164 Group 648188	50.00	50.00
4th Dimension(ODB)#648185	0.00	0.00
AA Meeting PSL Hosp GP#XXXXXX	0.00	0.00
AA Middy Matinee GP#172992 Bayshore	0.00	449.84
AA Promises Group #671816	0.00	0.00
An AA Group#706090	0.00	0.00
Ask it Basket (OD) #690194	0.00	0.00
Back to Basics #617295	0.00	50.00
Bayside Group #S134955	0.00	385.43
Before and After Gp#XXXXXX	0.00	0.00
Begin Where You Are #666125	0.00	15.00
Beginners Mtg Gp#XXXXXX	0.00	0.00
Better By The Beach#688860	0.00	200.00
Better Understanding #670079	0.00	0.00
Big Book Study MtgGp#XXXXXX	0.00	0.00
Bleeding Deacons Gp#710958	109.13	407.02
Easy Does It #149241	0.00	0.00
Emotional Sobriety Group ...	0.00	50.00
Eye Opener #169889	200.00	900.00
First Things First #697413	157.56	486.47
Freedom Group Okeechobee#709799	0.00	0.00
Friday Night Mens #604208	0.00	0.00
Friendship Group #103470	45.00	195.00
Gays In Recovery #655112	0.00	50.00
Good Guys North #678914	0.00	40.00
Grupo Renacer Hispano FP(...	0.00	0.00
Grupo Serendad PSL(Spanish)	0.00	0.00
Happy Hour Living Sober #653464	0.00	300.00
Heard it thru the Grapevi#662713	0.00	30.00
Helping Hands Group #654010	0.00	0.00
Higher Power Sunday #679339PSL(Sun)	88.00	382.00
Just For Today #168564	0.00	50.00
Kiss #127410	0.00	200.00
Lakewood Park #177727	33.00	253.00
Last Call#151221	0.00	100.00
Late Risers #681809	0.00	0.00
Lunch Box GrpXXXXXXFt Pierce	0.00	0.00
Lunch Bunch #169623(PSL)	0.00	175.00
Men's Sobriety Group #172529	0.00	0.00
New Hope Group #163611PSL	0.00	40.00
New Windmill Point Gp#148626	20.00	121.00
New Candlelight Grp Bayshore	0.00	0.00
Okeechobee Kiss GP 643906	0.00	22.92
Okeechobee Night Group #103633	0.00	93.00
Okeechobee Noon Group #147217	0.00	238.00
Okeechobee Sobriety Group#643907	0.00	25.00
Primary Purpose #141056(WHC)	0.00	0.00
Primary Purpose Bayshore#679364	0.00	0.00
PSL AA Tues Nite #103698	10.00	30.00
PSL AATues Night Mens#163940	0.00	175.00
PSL Saturday AM Mens Gp#606637	0.00	400.00
Reach Out Group FT Pierce	0.00	10.00
Safe Harbor Gp	0.00	0.00
Serenity Group #138843	0.00	0.00
Sisters of Sobriety(W) #760856	0.00	0.00
Sour Grapes Group #690990	0.00	0.00
Step Into Action #696779	36.00	54.00
Step Sisters #683996	0.00	0.00
Sun Rise 11th Step Ft Pie...	0.00	0.00
The Future of AA(Young Pe...#697507	0.00	0.00
Tough Love GpXXXXXX	0.00	0.00
Warrior GpXXXXXX	0.00	0.00
Watch Your Step#645676	0.00	100.00
We Stopped in Time #669606	0.00	24.00
Westside Group #125608 FTP	0.00	0.00
Wolff Road Group #703404...	0.00	0.00
Women Stepping Up #157843	0.00	109.00
Women's New Beginings #611306	0.00	100.00
Okeechobee All Groups	0.00	51.00
TOTAL Group Donation	748.69	6,726.03
(Gp XXXXXXXX denotes missing group number.)		

HERE’S LOOKIN’ AT YOU

Newcomer: "My conscience finally brought me to the Program."

Old-timer: "How so?"

Newcomer: " I kept seeing this eyeball staring at me from the bottom of the glass! I'm sure it was my conscience."

Old-timer: "Probably an olive. But never mind---whatever works!"

LAST PLEDGE

Two men lost their long-time drinking buddy to alcoholism.

At the funeral, as they passed by the open casket, one remarked to the other: "Sam sure looks good."

The other replied, "He ought to; he hasn't had a drink in three days!"

THE TRUTH WILL OUT

Man said: If I lie I have to face a lie detector.

Woman said: You mean a Polygraph test?

Man answered: No, my sponsor!

HOW BAD WAS HE???

Two women ...one recently widowed:

May... "Yes, he was a good man except when he drank. Then he wouldn't work, hit the kids and me...carried on with loose women.

"Then the drink killed him"

June.... "Tsk! Tsk! Sooo, he didn't like AA?"

May... "Oh My No! He never went.. he wasn't that bad."

On the Ninth Step ...

The 9th Step ...

Made direct amends to such people wherever possible except when to do so would injure them or others.

The 9th Step Principle...

The principle behind the 9th step is Freedom.

Tradition Nine...

AA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

My Ninth Tradition Checklist ...

1. Do I still try to boss things at AA?
2. Do I resist the formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all the elements of the AA program — even if no one makes me do so — with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn’t every AA group need a constitution and by-laws?
7. Have I learned to step out of an AA job gracefully — and profit thereby — when the time comes?
8. What has rotation to do with anonymity? With humility?



Remember, we deal with alcohol ... cunning, baffling, powerful !

A Ninth-Step Prayer



God give me the strength and direction to do the right thing no matter what the consequences may be. Help me to consider others and not harm them in any way. Help me to consult with others before I take any actions that would cause me to be sorry. Help me to not repeat such behaviors.

Show me the way of Patience, Tolerance, Kindliness, and Love and help me live the spiritual life. AMEN

(Based on pp. 78-80 of the Big Book; author unknown)

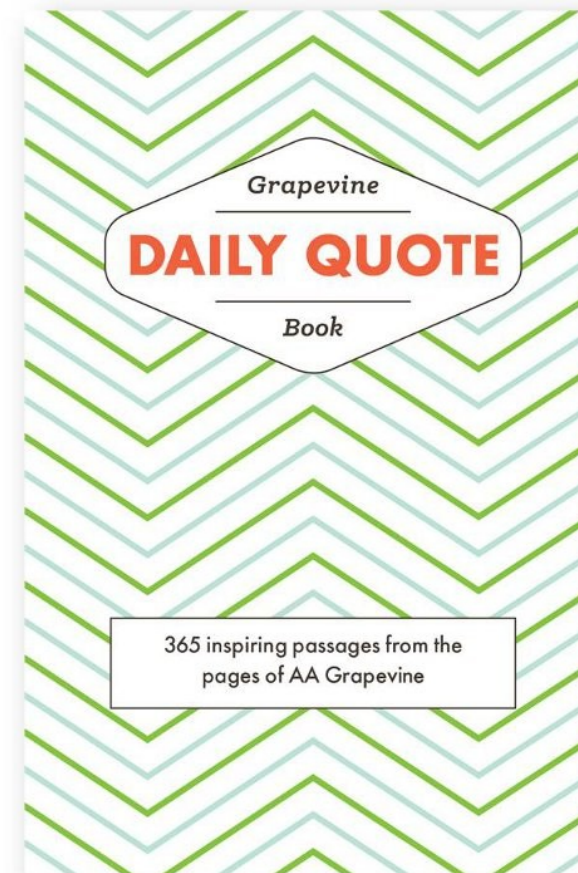
R. H. SMITH, M. D.
2ND NATIONAL BLDG. AKRON, OHIO
TELEPHONE: HE-8523 REG. NO. _____

FOR alcoholics
ADDRESS _____ DATE Feb 1937

always remember it

1. Trust God
2. Clean house
3. Help others

NR 1 2 3 INF. *[Signature]* M. D.



Just published!

Grapevine DAILY QUOTE Book

**365 inspiring passages from
the pages of AA Grapevine**

Grapevine Daily Quote Book captures the first 365 days of the Grapevine Daily Quote, which initially appeared in June 2012.

The quotes—contributed by AA members, with many written by AA's co-founders—were selected by the Grapevine staff.

All of these passages initially appeared in the pages of Grapevine as part of members' stories and other submissions, and many of them can now be found in Grapevine's themed book anthologies.

Each daily quote is accompanied by the title of the story it came from, the original issue date and the geographical location of its writer. And listed at the bottom of each page is the Grapevine book in which the quote can also be found.

For yourself, or someone you know, each page in this pocket-sized book, offers an inspiring passage of experience, strength and hope to bring into your daily life. To order your book for only \$10.99 pick up a Grapevine Issue at the Inter-group Office for ordering instructions.