

Upcoming Events ...



Come help us thank our volunteers!!!

St. Lucie Intergroup's

23RD Anniversary Lasagna Dinner

Saturday, January 17th, 2015

6:00 pm Doors Open 7:30 Speaker

St. Andrews Lutheran Church

295 NW Prima Vista Blvd., Port St. Lucie

\$10.00 Donation, Please bring a dessert

Need more info? Please call out Intergroup office: 772-873-9299



ST. LUCIE INTERGROUP NEWSLETTER

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Step ONE

We admitted we were powerless over alcohol —that our lives had become unmanageable.



2015 International Convention of Alcoholics Anonymous

July 2-5, 2015 - Atlanta, Georgia



The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year with Big Meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

Information about registering for the 2015 International Convention can be accessed at: <https://www.xpressreg.net/register/ICAA075/attendee/landing.asp>

To view the Convention information in the registration brochure http://www.aa.org/assets/en_US/en_AA_IC2015_Reg_Bro.pdf

Registration brochures have been mailed to A.A. groups and A.A. service offices around the world.

We know you are excited about the 2015 International Convention and eager for information. This website will be updated as more information becomes available.

ST LUCIE INTERGROUP ASSOCIATION, INC.

897A NE Prima Vista Blvd.
Port St Lucie, FL 34952
(772) 873-9299

(in the NW corner of Prima Vista & US 1 located in Port St Lucie Plaza)

Visit our website at:
www.aastlucieintergroup.com

To receive a PDF copy of *In Gratitude* Newsletter via e-mail send a request to:
stlucieintergroup@att.net, attn: Rex B., editor

Notices ...

The District 6 Monthly Business Meetings are held on the second Tuesday of each month Indian River State College 3209 Virginia Avenue Ft. Pierce At 6:30 pm Building R Room 131 Come support your District!! Visit district6aa.org

ARE YOUR BASKET DONATIONS HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?
Is your Home Group doing it's part to help support your local Intergroup Office?
District 6? Area 15?
The General Service Office ?
Is Home your Group represented at the local Intergroup monthly meeting?
Is your local Intergroup Office and its members properly serving the needs of the local Groups?
These are questions you should be asking at your Home Group business meetings.
Get involved. Support AA as a whole!

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE ?

Intergroup Steering Committee and Group Representatives meet the 3rd Thursday of every month @ 7pm.Help support Intergroup

REMEMBER:
"I am responsible . . .
When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.
And for that: I am responsible."

St. Lucie Intergroup needs to update our Twelfth Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave your information: name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

Please send all District 6 Group donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248

Want to get Involved?
Bridging the Gap
needs volunteers as contacts for individuals leaving treatment.
Be their first contact.
To sign up contact the District 6 Treatment Committee
BTG Coordinator at
dist6treatment@gmail.com or
call 772-49SOBER

- District 6 Meetings (held at the Intergroup Office)
- Archive's Committee Meeting ... the 1st Saturday of month 9:00 am at the Intergroup Office.
- Special Needs Committee Meeting ... the 1st Saturday of month 10:30 am at the Intergroup Office.
- Corrections Committee Meeting... the 2nd Saturday of month, 10:00 am at the Intergroup Office.
- Events Committee Meeting ... the 3rd Saturday of month 10:30 am at the Intergroup Office.
- Finance Committee Meeting ... the 3rd Saturday of month 9:15 am at the Intergroup Office.
- PI/CPC Committee Meeting ... the 4th Saturday of month 10:30 am at the Intergroup Office.

Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation.
This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).

10%	to district
10%	to area committee
30%	to G.S.O.
50%	to intergroup or central office

ADDRESSES FOR GROUP DONATIONS

GSO
PO Box 459
Grand Central Station
New York, NY 10163

South Florida Area 15 Treasurer
PO Box 206
Bradenton, Fl 34206-0206

District 6 Treasurer
PO Box 12248
Ft. Pierce, Fl 34979-2248

St. Lucie County Intergroup
897A East Prima Vista Blvd
St. Lucie, Fl 34952

December Anniversaries ...

164 Big Book

Karen A 20 yrs

Back To Basic II

Kenny M 3yrs

Late Risers

Stephen 1 yr

Ray 23 yrs

Midday Matinee

Paul P 2 yrs

Primary Big Book Study

Bruce P. 22 yrs

Bayshore Club

Ginny G 1 yr

Stephanie 1 yr

David M 3 yrs

Ted G 3 yrs

Jim L 7 yrs

Larry K 15 yrs

Jo Anne 18 yrs

Keith A 25 yrs

Larry L 25 yrs

Lunch Bunch

Marnie C. 24 yrs

Joy B. 6 yrs

Fred C. 5 yrs

Paul P. 2 yrs

Allan V. 1 yr

VISIT OUR WEBSITE:
www.aastlucieintergroup.com

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GROUP CONTRIBUTIONS
JANUARY 1, 2014 through NOVEMBER 30, 2014

GROUP NAME	NOV	YTD	GROUP NAME	NOV	YTD
#164 Group 648188	0.00	50.00	Midday MatineeGP#172992	0.00	542.37
4th Dimension(ODB) #648185	0.00	0.00	New Hope Group (PSL) #163611	0.00	50.00
AA Promises Group #671816	0.00	0.00	New Windmill Point Gp #148626	0.00	121.00
Alternate MC Beginners #XXXXXX	0.00	0.00	New Candlelight Grp Bayshore	0.00	0.00
An AA Group #706090	0.00	0.00	Okeechobee Kiss GP 643906	0.00	22.92
Back to Basics #617295	0.00	50.00	Okeechobee Night Group #103633	0 .00	143.00
Bayside Group #6134955	0.00	385.43	Okeechobee Noon Group #147217	30.00	358.00
Before and After Gp #XXXXXX	0.00	0.00	Okeechobee Sobriety Group#643907	0.00	25.00
Begin Where You Are #666125	0.00	15.00	Primary Purpose (WHC) #141056	0.00	0.00
Better By The Beach#688860	0.00	200.00	Primary Purpose Bayshore #679364	0 .00	185.00
Better Understanding #670079	0.00	0.00	PSL AA Tues Nite #103698	0.00	138.00
Bleeding Deacons Gp#710958	0.00	535.15	PSL AATues Night Mens #163940	0.00	205.00
Easy Does It #149241	0.00	0.00	PSL Saturday AM Mens Gp #606637	0.00	600.00
Emotional Sobriety Group ...	0.00	50.00	Reach Out Group FT Pierce	0.00	10.00
Eye Opener #169889	200.00	1,500.00	Safe Harbor Gp	0.00	0.00
First Things First #697413	89.07	798.88	Serenity Group #138843	0.00	0.00
Freedom Group Okeechobee #709799	0.00	0.00	Sisters of Sobriety(W) #760856	0.00	0.00
Friday Night Mens #604208	0.00	0.00	Sour Grapes Group #690990	0.00	0.00
Friendship Group #103470	0.00	195 .00	Step Into Action #696779	0.00	54.00
From Darkness To Light #XXXXXX	0.00	0.00	Step Sisters #683996	0.00	0.00
Gays In Recovery #655112	0. 00	100.00	Sun Rise 11th Step Ft Pierce	0.00	0.00
Good Guys North #678914	25.00	90.00	The Future of AA		
Grupo Renacer Hispano FP(...	0.00	0.00	(Young People) #697507	0.00	1.00
Grupo Serendad PSL (Spanish)	0.00	0.00	Tough Love GpXXXXXX	0.00	0.00
Happy Hour Living Sober #653464	0.00	500.00	Warrior GpXXXXXX	0.00	0.00
Heard it thru the Grapevine #662713	0.00	30.00	Watch Your Step#645676	0.00	125.00
Helping Hands Group #654010	0.00	0.00	We Stopped in Time #669606	0.00	0.00
Higher Power Sunday #679339PSL	60.00	695.00	Westside Group #125608 FTP	0.00	0.00
Just For Today #168564	0.00	50.00	Wolff Road Group #703404...	0.00	0.00
Kiss #127410	0.00	200.00	Women Stepping Up #157843	0.00	109.00
Lakewood Park #177727	20.00	293.00	Women's New Beginnings #611306	100.00	200.00
Last Call#151221	00.00	200.00	Okeechobee All Groups	0.00	51.00
Late Risers #681809	0.00	0.00	-		
Lunch Box Ft Pierce #XXXXXX	0.00	0.00	TOTAL Group Donation	524.07	9,175.75
Lunch Bunch (PSL) #169623	0.00	175.00			
Men's Sobriety Group #172529	0.00	00.0			

(NOTE: Gp#XXXXXX indicates we do not know the group's number. Let us know, please.)

An Alcoholic walks into a pub & the bartender asks him what he wants to drink.

The Alcoholic says, "Give me three pints of Guinness please."

So the bartender brings him three pints and the man proceeds to alternately sip one, then the other, then the third until they're gone. He then orders three more.

The bartender says, "Sir, I know you like them cold but you don't have to order three at a time. I can keep an eye out and when you get low I'll bring you a fresh cold one."

The Alcoholic thanks the bartender and says, "Thank you for your concern but that isn't why I order three at a time. You see, I have two brothers, one is in Australia and one is in the States. We made a vow to each other that every Saturday night we'd still drink together. So right now, my brothers have three Guinness Stouts too, and we're drinking together.

The bartender thought that was a wonderful tradition.

Every week the man came in and ordered three beers. Then one week he came in and ordered only two. He drank them and then ordered two more.

The bartender said to him, "I know what your tradition is, and I'd just like to say that I'm sorry that one of your brothers died."

The Alcoholic said, "Oh, my brothers are fine—I just quit drinking."

SAVE TUMMY ROOM!!!

DISTRICT 6 ANNUAL SPAGHETTI DINNER

Saturday, Feb. 28, 2015. Dinner 6:30pm. Speaker at 8

\$12 advance contribution. \$15 at door

Holy Family Catholic Church. 2330 Mariposa Ave. PSL

Please bring dessert. Soda & water for sale. Raffles

On the First Step ...

Step One...

We admitted we were powerless over alcohol — that our lives had become unmanageable.

The First Step Principle...

The principles behind the First step is Willingness.

Bill W. on Tradition One, 1947

©Grapevine, December 1947, reprinted with permission

Our whole AA program is securely founded on the principle of humility that is to say, perspective. Which implies, among other things, that we relate ourselves rightly to God and to our fellows; that we each see ourselves as we really are -- "a small part of a great whole". Seeing our fellows thus, we shall enjoy group harmony. That is why AA Tradition can confidently state, "Our common welfare comes first."

"Does this mean," some will ask, "that in AA the individual doesn't count too much? Is he to be swallowed up, dominated by the group?"

No, it doesn't seem to work out that way. Perhaps there is no society on earth more solicitous of personal welfare, more careful to grant the individual the greatest possible liberty of belief and action. Alcoholics Anonymous has no "musts." Few AA groups impose penalties on anyone for nonconformity. We do suggest, but we don't discipline. Instead, compliance or noncompliance with any principle of AA is a matter for the conscience of the individual; he is the judge of his own conduct. Those words of old time, "judge not," we observe most literally.

"But," some of us argue, "if AA has no authority to govern its individual members or groups, how shall it ever be sure that the common welfare does come first? How is it possible to be governed without a government? If everyone can do as he pleases, how can you have aught but anarchy?"

The answer seems to be that we AA's cannot really do as we please, though there is no constituted human authority to restrain us. Actually, our common welfare is protected by powerful safeguards. The moment any action seriously threatens the common welfare, group opinion mobilizes to remind us; our conscience begins to complain. If one persists, he may become so disturbed as to get drunk; alcohol gives him a beating. Group opinion shows him that he is off the beam, his own conscience tells him that he is dead wrong, and, if he goes too far, Barleycorn brings him real conviction.

So it is we learn that in matters deeply affecting the group as a whole, "our common welfare comes first." Rebellion ceases and cooperation begins because it must; we have disciplined ourselves.

Eventually, of course, we cooperate because we really wish to; we see that without AA there can be little lasting recovery for anyone. We gladly set aside personal ambitions whenever these might harm AA. We humbly confess that we are but "a small part of a great whole."

On the First Step ...

Tradition One...

Our common welfare should come first; personal recovery depends on AA unity.

The First Tradition Checklist ...

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?