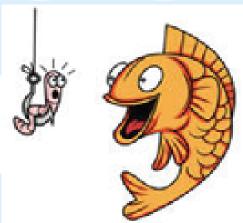
OKEECHOBEE FISH FRY

District 6

Saturday, August 25th 2018 10am – 3pm



Please Bring a Covered Dish or Dessert to Share

MEETING • FOOD • FELLOWSHIP •
RAFFLE

C. Scott Driver Park 10101 State Road 78 West Okeechobee, FL 34974 Ticket contribution \$15 G

E



Step Eight

Made a list of all persons we had harmed and become willing to make amends to them all.





Something FISHY's going on! See Page 8!!!



Looking Ahead to Making Amends:

What are Alcoholics' Moral Obligations?

AA Grapevine November 1945 (thanks Ronny H.)

Alcoholism has been traditionally regarded as a vice, with the implication of moral responsibility that such a characterization involves.

The modern tendency is to consider any obsessional aberration to be pathological. Hence, alcoholism is sometimes diagnosed as a disease and the victim is accordingly absolved of moral responsibility.

Do the foregoing views constitute a conflict in which intellectual honesty compels us to take sides --or may they be reconciled and integrated?

If alcoholism is a disease, it is one of which science has found so far neither cause nor cure. Dr. Silkworth in an article in the June, 1945, issue of The Grapevine says that "physically science does not know why a man cannot drink in moderation." The doctor also states that he is only "sure of one scientific fact -- that detoxication by medical treatment must precede any psychiatric approach."

Thus, the "physical issue" is reduced to the routine of a mere dealcoholizing process, preliminary to the really fundamental matter of dealing with what Dr. Silkworth refers

to as the "moral issue."

The A.A. Program of Recovery is devoted principally to the resolution of this "moral issue." The alcoholic is assisted in developing the personality change essential to permanent rehabilitation.

In so doing the A.A. plan proceeds on the assumption that we have "defects of character" the removal of which is requisite to a restoration of sanity. The removal is to be accomplished not alone by the revelations of psychiatric treatment (self-knowledge), but by the application of spiritual

(Continued on page 7)

Have Members with Special Needs? Please see Page 7

ST LUCIE INTERGROUP ASSOCIATION, INC.

883 E Prima Vista Blvd. Port St Lucie, Fl 34952

(in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Office and 24-Hour Help Line: (772) 873-9299 Visit our website at:

www.aastlucieintergroup.com

Where you can view and download PDF copies of this and recent newsletters

To subscribe to a PDF copy of *In Gratitude* Newsletter via e-mail, e-mail a request to: stlucieintergroup@att.net, attn: Rex B., editor

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The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 131
(Except July in Room 248)
Come support your

District!! Visit district622 ora

Visit district6aa.org

GSRs — ARE YOUR BASKET DONATIONS
HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?

Is your Home Group doing it's part to help support your local

Intergroup Office?

District 6? Area 15?

The General Service Office?

Is your Home Group represented at the local monthly Intergroup steering committee meeting?

Is your local Intergroup Office and its members properly serving the needs of the local Groups?

These are questions you should be asking at your Home Group business meetings.

Get involved.

Support AA as a whole! Z

DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE?

Intergroup Steering Committee and Group Representatives meet the third Thursday of every month @ 7pm. Help support Intergroup

REMEMBER:

"I am responsible . . . When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

And for that: I am responsible."

District 6 Committee Meetings (at the Intergroup Office 883 E Prima Vista Blvd. Port St Lucie, Fl 34952)

DCMs/GSRs Meeting the 1st Saturday of month 10:30 a.m.

Corrections Committee Meeting the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting the 3rd Saturday of month, 10:30 a.m.

PI/CPC Committee Meeting the 4th Saturday of month 10:30 a.m.

Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248

Want to get Involved?

Bridging the Gap

needs volunteers as contacts for individuals leaving treatment.

Be their first contact.

To sign up, contact our District 6

Treatment Committee BTG

Coordinator Chris B:

Cbrady561@gmail.com

1-561-628-3604

St. Lucie Intergroup needs to update our Twelfth Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave your information: name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

What are Alcoholics' Moral Obligations in Making Amends??

us out of bitter experience."

(Continued from page 1)

force emanating from a Power in which we have faith (Steps 6-7).

Defects of character cannot, of course, be rooted out by knowledge alone. The authors of Alcoholics Anonymous were well aware of the limitations of the aphorism that knowledge is power, for at page 50 of the book, they assert: "But the actual or potential alcoholic, with hardly an exception, will be absolutely unable to stop drinking on the basis of self-knowledge. This is a point we wish to emphasize and reem-

Elsewhere in the same text the same thought is expressed in different form and with varied application. It is said, for example, that "the alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any

other human being can provide such a

higher Power" (page 55).

of the book:

defense. His defense must come from a

phasize, to smash home upon our alco-

holic readers as it has been revealed to

Finally, for those of us who accept it, the predominance of the moral factors in the A.A. plan is summarized in the following statement at pages 35-36

"The great fact is just this and nothing else: that we have had deep and effective spiritual experiences, which have revolutionized our whole attitude toward life, toward our fellows, and toward God's universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do for ourselves."

Here, then, seems to be the answer to the question posed at the outset. Both moralist and scientist agree that there can be no blame imposed for a condition over which one has no con-

trol. Both agree that an alcoholic has been reduced to a state of powerlessness over alcohol. It follows that an alcoholic should not be held morally accountable for acts committed while in the grip of the obsession.

The syllogism suggests a corollary:

When an alcoholic realizes the nature of his malady, and that help, human and otherwise, is at hand and that "there is a solution," is it not reasonable to assume that an element of moral responsibility enters into the situation? Tolerance for the sinner but none for the sin is a noble sentiment. And alcoholics will probably always require understanding. But may we, who have accepted A.A. and assume to practice its precepts, continue to expect, under the new dispensation, condonation when the rules of society are broken? If the truth has made us free and the spirit has given us strength, shall we not take and maintain our places in the ranks of society without favor as well as without fear?

It is submitted that a lively sense of moral responsibility should be assiduously cultivated, the more so because of our newly found power to accept it and because in the very acceptance of it, we wax stronger and stronger as we "grow by what we feed on."

R.F.S.; Montclair, New Jersey

ADDRESSES FOR GROUP DONATIONS

GSO PO Box 459 Grand Central Station New York, NY 10163

South Florida Area 15 Treasurer

PO Box 56

Sebring, Fl 33870-0056

District 6 Treasurer PO Box 12248 Ft. Pierce, Fl 34979-2248

St. Lucie Intergroup Association, Inc. 883 E Prima Vista Blvd., Port St Lucie, Fl 34952 GSRs, ACMs and District Committee Chairs and Members: If you are aware of AA members who are using online resources to overcome hearing, sight, movement, distance, language or other challenges to accessing The Hand of Alcoholics Anonymous or are seeking such resources, please have them e-mail useful links to our St. Lucie Intergroup Webmaster at stlucieintergroup@att.net. We are attempting to create a link page on our Intergroup website as a resource for enabling access for all.

2018 Group Contributions thru June 30

11th Step Candlelight PSL 0.00 0.00 Lunch Bunch PSL 169623 0.00 300.00 A Desire To Stop GP 0.00 121.00 Men's Sobriety Group 172529 0.00 250.00 AA Promises GP 671816 0.00 0.00 Midday Matinee 172992 0.00 0.00 Alternate MC Beginners AA GP 645696 0.00 0.00 New Hope Group 163611 0.00 200.00 Back To Basics 617295 0.00 261.00 New Windmill Point 148626 0.00 0.00 Bayside GP 134955 0.00 0.00 Okeechobee Discussion 0.00 0.00 Begin Where You Are 666125 0.00 0.00 Okeechobee Night Group 103633 0.00 160.00 Better By The Beach 688860 0.00 408.70 Okeechobee Noon Group 147217 30.00 180.00 Better Understanding 670079 0.00 0.00 Okeechobee Sobriety Group 643907 0.00 0.00 Bay Does It 149241 0.00 0.00 Primary Purpose Welcome Home 141056	GROUP	Group #	JUNE	YTD	GROUP	Group #	JUNE	YTD
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Ensollielle (French seasonal) 681471 0.00 100.00 pg. AA Tues Nite Crown 103608 20.00 140.00	Emotional Sobriety Group		0.00	0.00	Primary Purpose Bayshore	679364	0.00	100.00
20.00 140.00 Lissing (French, Seasonal) 001471 0.00 100.00 PSE AA Tues. Nite Group 103698 20.00 140.00	Ensollielle (French, seasonal)	681471	0.00	100.00	PSL AA Tues. Nite Group	103698	20.00	140.00
Eye Opener 169889 50.00 550.00 PSL Sat. AM Men's Group 606637 0.00 600.00	Eye Opener	169889	50.00	550.00	PSL Sat. AM Men's Group	606637	0.00	600.00
First Things First 697413 0.00 558.00 Reach Out Group 714201 25.00 75.00	First Things First	697413	0.00	558.00	Reach Out Group	714201	25.00	75.00
Friday Night Men's 604208 97.00 97.00 Sisters of Sobriety 700856 0.00 0.00	Friday Night Men's	604208	97.00	97.00	Sisters of Sobriety	700856	0.00	0.00
Friendship Group 103470 0.00 191.50 Step Into Action 696779 0.00 120.00	Friendship Group	103470	0.00	191.50	Step Into Action	696779	0.00	120.00
From Darkness To Light 0.00 0.00 Step Sisters 683996 0.00 0.00	From Darkness To Light		0.00	0.00	Step Sisters	683996	0.00	0.00
Gays In Recovery 655112 0.00 50.00 Sun Rise 11th Step 0.00 0.00	Gays In Recovery	655112	0.00	50.00	•			
Good Guys North 678914 0.00 25.00 Talking Feathers 8.00 40.00	Good Guys North	678914	0.00	25.00				
Grupo Renacer Hispano FP (Spanish) 0.00 0.00 The Devine Appointment 0.00 0.00	Grupo Renacer Hispano FP (Spanish)		0.00	0.00				
Grupo Serendad PSL (Spanish) 0.00 0.00 The Steps We Took 0.00 0.00	Grupo Serendad PSL (Spanish)		0.00	0.00	The Steps We Took		0.00	
Happy Hour Living Sober 653464 0.00 625.00 Tough Love Group 721766 0.00 0.00	Happy Hour Living Sober	653464	0.00	625.00	·	721766	0.00	0.00
Heard it thru the Grapevine GP 662713 80.00 80.00 Two Alternatives .00 0.00	Heard it thru the Grapevine GP	662713	80.00	80.00	Two Alternatives		.00	0.00
Helping Hands Group 654010 0.00 50.00 Wake-Up Group 0.00 0.00		654010			Wake-Up Group		0.00	0.00
Higher Power Sunday 679339 0.00 200.00 Warriors 50.00 130.00	Higher Power Sunday	679339	0.00	200.00	Warriors		50.00	130.00
Just For Today 168564 0.00 80.00 Watch your Steps 645676 0.00 125.00	Just For Today	168564	0.00	80.00	Watch your Steps	645676	0.00	125.00
Keep It Simple— Okeechobee 643906 0.00 0.00 We Stopped in Time 669606 105.00 105.00	·				We Stopped in Time	669606	105.00	105.00
KISS 12/410 0.00 500.00 Westside Group Et Pierce 125608 0.00 50.00								
Lakewood Park 17/727 40.00 240.00 Wolff Book Crown Okasahahaa 703404 0.00 50.00					·			
Last Call 151221 0.00 0.00					•			
Late Risers 681809 200.00 450.00 Women Stepping Up 157843 0.00 100.00 Lunch Box Ft. Pierce 0.00 0.00 Women's New Beginnings 611306 0.00 0.00		091909						
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This is not intended to direct AA members to specific meetings; please refer to our Where & When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct it. Thank you.

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

ONLINE MEETING GUIDE

NOW AVAILABLE ON OUR HOMEPAGE:

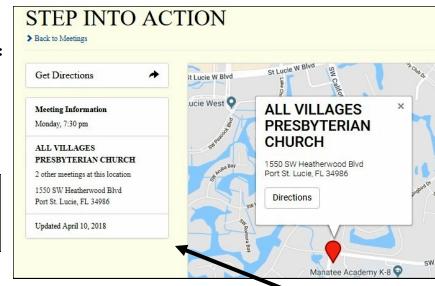
http://aastlucieintergroup.com

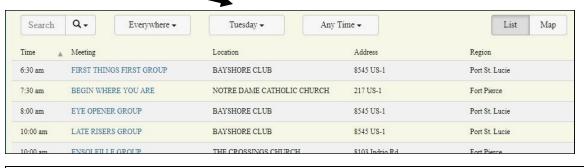
FOLLOW THIS LINK

Online Meeting Guide: The Meeting App

http://aastlucieintergroup.com/meetings/

FIND A MEETING





GET A SCHEDULE,

MAP AND

DIRECTIONS!!!

How AA Developed "The Talk We Talk"

The Fellowship of Alcoholics Anonymous is a society of men and women with a unique culture that has a language all its own. This language consists of slogans, phrases, acronyms, terminology, and words that can be heard in AA Meetings around the world.

This language is often confusing to Newcomers but, even after only a short time of coming around, becomes commonplace and understood. Have you ever had to explain who John Barleycorn was? Or what the grouch and the brainstorm means? What about a 12th step call or the 13th step? How about the AA "Three-Step-Shuffle?"

The roots of much of this language have probably been lost to history, but at least some can be traced.

Our co-founder Dr. Bob was a great contributor to this verbal culture and was well known for his colorful vocabulary and use of slang. Take for example the slogan "Keep It Simple:" Dr. Bob placed great emphasis on the keep-it-simple approach to the 12

steps, elaborating his thoughts in an article he submitted to the Grapevine in 1948 (See "Dr. Bob and The Good Oldtimers, pg.227).

Another term, one of my personal favorites, is the term "pigeon," used to denote a newcomer. Dr. Bob would often announce at meetings he was attending, "There's a pigeon in Room so-and-so (at St. Thomas Hospital) who needs some attention," letting the members know that a new prospect required a 12th step call (See "Dr. Bob and The Good Oldtimers, pg.146).

It is suggested that this term began as a code between Dr. Bob and Sister Ignatia. Before the Alcoholic Ward was started at St. Thomas Hospital in Akron, where Dr. Bob and Sister Ignatia worked, it was against policy to admit, or even to treat, an alcoholic. Sister Ignatia, who believed the alcoholic could be helped, would sneak the drunk into an unoccupied room and would then tell Dr. Bob, "There's a pigeon on the window ledge in Room

so-and-so that needs help." Dr. Bob would then assess and usually admit the patient to the hospital with some diagnosed medical issue.

This practice of admitting the alcoholic for a hospital stay, followed up by regular visits from two sober alcoholics at a time, became the formula for great success in the early days of Alcoholic Anonymous.

Another tradition that likely started at St. Thomas Hospital is the handing out of medallions. Prior to the release of the treated alcoholic, Sister Ignatia would give the prospect a Sacred Heart Medallion, asking them to return it to her before they took the first drink, (See "Dr. Bob and The Good Oldtimers, pg.195).

The countless terms and traditions that help define our culture may seem strange and unusual to outsiders, "Earth-People." But to those of us who have found release from alcoholic torture, it is part of the *Language of the Heart* we speak and tells us, "We Are Home."

(Submitted by Bob S.)

On the Eighth Step ...

The Eighth Step ...

Made a list of all persons we had harmed and become willing to make amends to them all.

The Eighth Step Principle ...

The principle behind the 8th step is Forgiveness.

The Eighth Tradition ...

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

My Eighth Tradition Checklist ...

- 1.Is my own behaqvior accurately described by the Traditions? If not, what needs changing?
- 2. When I chafe about any particular Tradition, do I realize how it affects others?
- 3. Do I sometimes try to get some reward even if not money for my personal AA efforts?
- 4. Do I try to sound like an AA expert on Alcoholism? On recovery? On medicine?
- On sociology?" On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly between them?
- 6. In my own AA like, have I any experiences to illustrate the wisdom of this Tradition?

Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition — How It Developed?



A Pre-Eighth Step Prayer:

"God, Please remove my Fears and show me your truth.

Show me all the harms I have caused with my behavior and help me be willing to make amends to one and all. Help me to be willing to go to any lengths for victory over alcohol."

(Big Book, Pg 76 Para 3)