District 6's Founder's Day Luncheon,

Ice Cream Social

And Annual Chili Cook-off

Saturday, May 26th, 2018

11:30 a.m. to 4:00 p.m.

Langford Park Recreation Center 2369 NE Dixie Hwy, Jensen Beach, Florida

Tickets: \$10 per person:

Call Intergroup Office to Request. Ticket price includes coffee, hamburgers, hot dogs, subs & other foods. Please bring a dessert or side dish to share.

Double Speaker Meeting — featuring 2 Speakers with over 25 years who will share their experience strength and hope

Bring your best batch of chili for the chili cook-off and chance to win a prize.

(Contest entries are anonymous until winner is announced.)





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### **Step Five**

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.



## \$7.40 on 7/4 AREA CHALLENGE July 4<sup>th</sup> 2018

In 2017 GSO provided services to 1,381,954 A.A. members at a cost of \$10,222,650. That's \$7.40 per A.A. member for the whole year! If every member contributed \$7.40 once, it would support all of the services GSO provides to all groups, for one year!

#### Here's how the challenge works:

Groups pass a Special Basket or Can in addition to the regular 7th Tradition. Each member contributes \$7.40 (or round it up to \$8 to help those who can't). Individual members can send money or contribute online any time. Remember this is in addition to what you put in the basket to support your group.

#### \$7.40 on 7/4 --- easy to remember!

On July 4th each group collects the contents of the can or basket and writes a check (or money order) \*\* for the amount contributed. Cut on dotted line and be sure to enclose form with your payment to get credit for your contribution.

## Send your share. Meet the Challenge!

Amount \$	2018 Contribution for	\$7.40 on 7/4 CHALLENGE						
PO Box 459 Grand Central Station New York NY 10163-0459	MEMBER NAME							
**General Service Office	GROUP NAME/NUMBER							

#### ST LUCIE INTERGROUP ASSOCIATION, INC.

883 E Prima Vista Blvd. Port St Lucie, Fl 34952 (772) 873-9299 (in the NW corner of Prima Vista & US 1, located in Port St Lucie Plaza)

Visit our website at: www.aastlucieintergroup.com

Where you can view and download PDF copies of this and recent newsletters

To receive a PDF copy of *In Gratitude* Newsletter via e-mail send a request to: stlucieintergroup@att.net, attn: Rex B., editor The District 6 Monthly
Business Meetings
are held on the second
Tuesday of each month
Indian River State College
3209 Virginia Avenue
Ft. Pierce At 6:30 pm
Building R Room 131
(Except July in Room 248)
Come support your
District!!
Visit district6aa.org

GSRs — ARE YOUR BASKET DONATIONS E HELPING AA AS A WHOLE?

Does your Home Group distribute the remaining donations after Group expenses and prudent reserve according to AA Tradition?

Is your Home Group doing it's part to help support your local

**Intergroup Office?** 

District 6? Area 15?

The General Service Office?

Is your Home Group represented at the local monthly Intergroup steering committee meeting?

Is your local Intergroup Office and its members properly serving the needs of the local Groups?

These are questions you should be asking at your Home Group business meetings.

Get involved.

Support AA as a whole! Z

# DOES YOUR GROUP HAVE AN INTERGROUP REPRESENTATIVE?

Intergroup Steering Committee and Group Representatives meet the 3rd Thursday of every month @ 7pm. Help support Intergroup REMEMBER:

"I am responsible . . .
When anyone, anywhere, reaches
out for help, I want the hand of
A.A. always to be there.
And for that: I am responsible."

# District 6 Committee Meetings (at the Intergroup Office 883 E Prima Vista Blvd. Port St Lucie, Fl 34952)

DCMs/GSRs Meeting ...... the 1st Saturday of month 10:30 a.m.

Corrections Committee Meeting ..... the 2nd Saturday of month, 10:30 a.m.

Events Committee Meeting ...... the 3rd Saturday of month, 10:30 a.m.

PI/CPC Committee Meeting ...... the 4th Saturday of month 10:30 a.m.

Please send all
District 6 Group
donations to:
District 6 Treasurer
P.O. Box 12248
Fort Pierce, Fl
34979-2248

Want to get Involved?

Bridging the Gap

needs volunteers as contacts for individuals leaving treatment.

Be their first contact.

To sign up, contact our District 6

Treatment Committee BTG

Coordinator Chris B:

Cbrady561@gmail.com

1-561-628-3604

St. Lucie Intergroup needs to update our Twelfth Step list. If you would like to be contacted to help insure that the hand of AA is always there, please contact the Intergroup Office and leave your information: name, phone number and hours available so we can continue to help the still sick and suffering alcoholic. Call 772-873-9299 or e-mail stlucieintergroup@att.net

## A Twist on the Promises

If I am careless about this phase of my development, I will be lost before I am halfway through.

I will renew my obsession with alcohol and sacrifice all true happiness.

I will forget the word Serenity and have no peace.

No matter how far down the scale I have already gone, I Are these extravagant consequences? I think not. will fall still lower.

I will resent the past and then repeat it, over and over.

That feeling of uselessness and self-pity will return ... and more.

I will focus on selfish things and hide from my fellows.

Sanity will slip away.

My whole attitude and outlook on life will change fore the worse.

Fear of people and of economic insecurity will consume me.

I will again be baffled by even the most normal of situations. I will suddenly believe that God can do nothing for me.

They have been fulfilled within me, always quickly, always completely.

They will always materialize when I cease to work the AA program of Recovery.

## **ADDRESSES** FOR GROUP **DONATIONS**

GSO PO Box 459 **Grand Central Station** New York, NY 10163

South Florida Area 15 Treasurer

PO Box 56 Sebring, Fl 33870-0056

District 6 Treasurer PO Box 12248 Ft. Pierce, Fl 34979-2248

St. Lucie Intergroup Association, Inc. 883 E Prima Vista Blvd.,

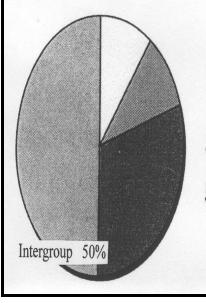
Port St Lucie, Fl 34952

# Bill W. on Group Donations

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our area Committee, and our General services Office. If it were not for these entities, many people would never discover the miracles of AA".

To that end, AA World services offers the following model for donations by local AA Groups. GSO suggests that each group able to do so, through an informed group conscience, adopt a specific plan tailored to meet the group's financial situation.

This is the model suggested in AA's "Self Support" brochure, a World Services Pamphlet. (Page 12).



10% to district

10% to area committee

**30%** to G.S.O.

**50%** to intergroup or central office

## 2018 Group Contributions thru March 31

GROUP	Group #	MARCH	YTD	GROUP	Group #	MARCH	YTD
A Desire To Stop GP		121.00	121.00	Lunch Box Ft.Pierce		0.00	0.00
AA Promises GP	671816	0.00	0.00	Lunch Bunch PSL	169623	0.00	0.00
Alternate MC Beginners AA GP	645696	0.00	0.00	Men's Sobriety Group	172529	0.00	100.00
Back To Basics	617295	0.00	158.00	Midday Matinee	172992	0.00	0.00
Bayside GP	134955	0.00	0.00	New Hope Group	163611	100.00	100.00
Begin Where You Are	666125	0.00	0.00	New Windmill Point	148626	0.00	0.00
Better By The Beach	688860	0.00	174.20	Okeechobee Discussion		0.00	0.00
Better Understanding	670079	0.00	0.00	Okeechobee Night Group	103633	0.00	160.00
Bleeding Deacons	710958	0.00	0.00	Okeechobee Noon Group	147217	60.00	120.00
Easy Does It	149241		0.00	Okeechobee Sobriety Group	643907	0.00	0.00
Emotional Sobriety Group		0.00	0.00	Okeechobee Women's Group	043307	0.00	0.00
Ensollielle (French, seasonal)	681471		50.00	Primary Purpose Welcome Home	141056	150.00	150.00
Eye Opener	169889		300.00	• •			
First Things First	697413	0.00	300.00	Primary Purpose Bayshore	679364	0.00	100.00
Friday Night Men's	604208	0.00	0.00	PSL AA Tues. Nite Group	103698	20.00	60.00
Friendship Group	103470	0.00	49.50	PSL Sat. AM Men's Group	606637	300.00	300.00
From Darkness To Light		0.00	0.00	Reach Out Group	714201	25.00	25.00
Gays In Recovery	655112	0.00	50.00	Sisters of Sobriety	700856	0.00	0.00
Good Guys North	678914	25.00.00	25.00	Step Into Action	696779	0.00	80.00
Grupo Renacer Hispano FP (Spanish)		0.00	0.00	Step Sisters	683996	0.00	0.00
Grupo Serendad PSL (Spanish)		0.00	0.00	Sun Rise 11th Step		0.00	0.00
Happy Hour Living Sober	653464	250.00	625.00	Talking Feathers		0.00	0.00
Heard it thru the Grapevine GP	662713	0.00	0.00	Tough Love Group		0.00	0.00
Helping Hands Group	654010	0.00	50.00	Wake-Up Group		0.00	0.00
Higher Power Sunday	679339	200.00	200.00	Warriors		0.00	0.00
Just For Today	168564	80.00	80.00	Watch your Steps	645676	0.00	75.00
Keep It Simple— Okeechobee	643906	0.00	0.00	We Stopped in Time	669606	0.00	0.00
KISS	127410	0.00	250.00	Westside Group Ft Pierce	125608	0.00	50.00
Lakewood Park	177727	40.00	120.00	Wolff Road Group Okeechobee	703404	0.00	0.00
Last Call	151221	0.00	0.00	Women Stepping Up	157843	50.00	100.00
Late Risers	681809	0.00	250.00	Women's New Beginnings	611306	0.00	0.00

This is not intended to direct AA members to TOTAL AA GP Contributions

1591.00 4242.70

specific meetings; please refer to our Where&When for area meeting places, types and times. If your group's number is not shown here, please contact the Intergroup Office so we may correct

In 1957, Bill W. said, "We pay our rent and utility bills, buy coffee, snacks and AA Literature. We support our Central Office, our Area Committee and our General Services Office. If it were not for these entities, many people would never discover the miracle of AA."

#### **ONLINE MEETING GUIDE**

#### NOW AVAILABLE ON OUR HOMEPAGE:

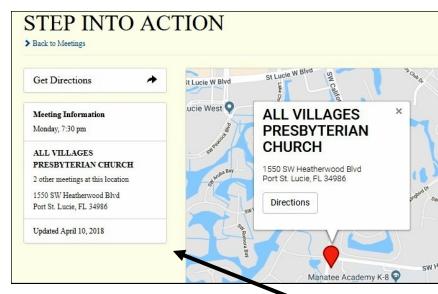
http://aastlucieintergroup.com

FOLLOW THIS LINK

Online Meeting Guide: The Meeting App

http://aastlucieintergroup.com/meetings/

#### FIND A MEETING





GET A SCHEDULE,

MAP AND

DIRECTIONS!!!

#### AA Public Information now has a YouTube Channel. Find it at:

https://www.youtube.com/channel/UC2nfvf9DeDA7QYvLeq4pQ-w





Alcoholics Anonymous World Services, Inc.

208 subscribers

HOME

VIDEOS

PLAYLISTS

CHANNELS

1:08

ABOUT

Q

AA Public Service Announcements - English PLAY ALL

Alcoholics Anonymous Public Service Announcements (PSAs)



My World

Alcoholics Anonymous World ... 338 views • 3 months ago



I have Hope

Alcoholics Anonymous World ... 260 views • 3 months ago

Doors

Alcoholics Anonymous World ... 585 views • 3 months ago

## On the Fifth Step ...

## The Fifth Step ...

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

## The Fifth Step Principle ...

The principle behind the Fifth Step is Integrity.

## A Fifth Step Prayer ...

God, I thank you from the bottom of my heart that I know you better. Help me become aware of anything I have omitted discussing with another person. Help me to do what is necessary to walk a free man at last. Amen (p. 75 Big Book)

## On the Fifth Step ...

## The Fifth Tradition ...

Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

## My Fifth Tradition Checklist ...

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4. Am I willing to twelfth-step the next newcomer without regard to whom or to what is in it for me?
- 5. Do I help my group in every way I can to fulfill our primary purpose?
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?